



THE TREASURE VALLEY AND
BOISE

THE COMPREHENSIVE **2020** RELOCATION MAGAZINE

AMHERST MADISON
REAL ESTATE ADVISORS

AMHERST MADISON

REAL ESTATE ADVISORS



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Read more on page 98



#1 in 2019 Top 100 Best Places to Live.

"Boise has become a magnet for people looking for a tight-knit community, great job opportunities, easy access to the outdoors – and perhaps most importantly, a much lower cost of living than many larger and comparably sized cities."

-Winona Dimeo-Ediger

Livability: 2019 Top 100 Best Places to Live



A PRODUCT OF THE INTERNET CZAR

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THE TREASURE VALLEY

A Treasure Chest of Opportunities in Southwestern Idaho

OPPORTUNITIES ABOUND

The Boise-Nampa metropolitan area is known as the Treasure Valley. In addition to Boise and Nampa, the area includes the cities of Meridian, Eagle, Caldwell, Star, Middleton, and Kuna. Situated between the Boise Mountains (or foothills) to the north and the Owyhee Mountain Range to the southwest, the valley provides abundant recreational activities within minutes from your home. In wintertime, these snow-covered ranges are simply breathtaking.

Recognizing the abundance of resources

and opportunities back in 1959, the area was coined the “Treasure Valley” by the Chamber of Commerce, and it stuck. Keep reading to discover why it is such a true treasure today. Surrounded by beauty, a thriving economy, reduced commutes, and a wide variety of recreational options, you’ll find living in the Treasure Valley an opportunity you won’t want to miss.

A BETTER WAY OF LIFE

Boise, Idaho, and the surrounding area deliver an unparalleled quality of life not found anywhere else in the nation. It’s the reason Idaho is the fastest-growing state in the country. The Treasure



Valley has so much going for it—a vibrant urban/metropolitan economic and educational base, an affordable cost-of-living, an extraordinary business-friendly environment, four mild and distinct seasons, and plenty of public wilderness that allows a lifetime of weekend adventures.

MORE FAMILY TIME

Living in the Treasure Valley provides more family time and adventure opportunities. One of the first things people notice, especially if they're from California or Washington, is that their commute time is significantly reduced. This means less time on the road and more time enjoying life.

You will quickly discover an abundance of outdoor activities for people of all ages and interests, with easy access to open spaces such as rivers, lakes, and trails. Plenty of family-friendly indoor activities are also available year-round, including indoor rock climbing, ice skating, trampoline parks and more. Whatever your passions, you'll find them in the valley. And you won't have to navigate through hours of bumper-to-bumper traffic to arrive at your destination!



Photo: Jack's Urban Meeting Place

DRIVE YOUR CAREER

Boise and the Treasure Valley boast a diverse and evolving economic landscape, providing opportunities for everyone. The region is becoming a popular destination for start-up companies thanks to a growing pool of young talent and experienced entrepreneurs. The area is also becoming well-known for its health and science industries. The Treasure Valley offers low business taxes, a lack of stifling regulations, and inexpensive commercial real estate. Of course, high-tech and innovative businesses coming to the region isn't a new development. They're simply building on a well-laid foundation paved by companies such as Micron, HP, Simplot, IBM, St. Luke's Hospital, Albertsons, and several other well-recognized corporate brands.



HEIGHTEN YOUR EDUCATION

There is simply no denying that Boise State University is the most visible higher-education institution in the valley. With 26,000+ students and more than 200 fields of study, ranging from undergraduate programs to post-graduate studies, it's easy to see why. But Boise State isn't the only institution carving out an amazing reputation for itself. Throughout the Treasure Valley, you'll find colleges and universities setting themselves apart. For example, The College of Idaho, located in Caldwell, is rated as one of the top 50 Small Colleges in the United States. Situated in Nampa, Northwest Nazarene University is one of the top

Christian universities in the Northwest. Idaho State University is renowned for its Meridian Health Science Center. Meridian is also home to Idaho's first medical college—the Idaho College of Osteopathic Medicine, or ICOM. These are just a few of the most recognizable institutions found throughout the valley.

INTENSIFY YOUR RECREATION

If your idea of recreation requires being outside, then Idaho will exceed your expectations. Surrounding the valley are hundreds of miles of public lands—from forest to high-desert, hills to mountains, calm streams teeming with trout to varied ranges of whitewater awaiting kayakers or rafters. Whether you love camping in remote areas or enjoy the amenities of well-stocked campgrounds, Idaho has it. Idaho is known for fishing, hunting, hiking, camping, mountain biking, dirt biking, off-road overlanding, and so much more. The outdoors is so much a part of its DNA

that you'll occasionally see men in business suits putting a fishing line into the Boise River during a lunch break. Yep, folks in Idaho take their outdoor playtime seriously.

RAISE YOUR POINT OF VIEW

We're not going to tell you that living in Idaho will restore your hope in humanity or that living in the Treasure Valley is the next best alternative to heaven (although some may think so).

The fact of the matter is that life in Idaho is an upgrade from the variety of places from which most people are moving. For example, homes here are still reasonably priced, the cost of living is affordable, violent crime is nearly nonexistent, and the people here still make eye contact with you and smile when saying, "hello." So across several important lifestyle factors, you'll find that life in Boise and the surrounding Treasure Valley exceeds expectations.



And the evidence is in the fact that Idaho is the fastest-growing state in the nation. It's attracting people and families from all over the country, while also appealing to new and expanding businesses. Idaho is simply a fantastic place to call home!

There's just something special about enjoying a steak in downtown Boise with friends on a Friday evening, exploring an Idaho forest on Saturday, and fighting to stay in the raft while navigating the Payette River on Sunday. You'll soon realize why Idaho is growing—why people are moving here—why animals are moving here, and rumor has it, even Sasquatch has escaped to Idaho thanks to low taxes, pristine waterways, and a pleasant climate.

STILL AFFORDABLE?

Yes! Boise is still affordable! It's a wonderful area for first-time home buyers, families, people looking for their dream home, or to retire. Our growth has come with a plethora of positive benefits—an improved and diverse economy, growing educational opportunities, renewed investment into infrastructure, and significant investment into new housing developments. Explore the Treasure Valley, and you'll be pleased with what you see.

START LIVING! CHOOSE BOISE!

People choose Boise and the Treasure Valley for a variety of reasons: opportunity, freedom, nature, recreation, quality of life, and work. Whatever your reasons, we're sure you'll be a great fit. Let's be honest, if you think that where you are currently residing is a great place to live you certainly wouldn't be reading this now. You probably already know that the quality of life in the Treasure Valley far exceeds that of other metropolitan areas. Sometimes, just taking the first step toward relocating is the most challenging. We look forward to helping you take that first step.





#10 BEST CITY FOR JOBS
YAHOO MONEY | JANUARY 2020

MOST AFFORDABLE MOUNTAIN TOWN
SUNSET | JANUARY 2020

#6 HAPPIEST STATE
WALLET HUB | SEPTEMBER 2019

**#1 MARKET FOR OUT-OF-STATE
HOMEBUYERS**
REALTOR.COM | AUGUST 2019

**10 UNIQUE DESTINATIONS TO
THE OUTDOORS**
USA TODAY | JUNE 2019

#2 MOST RELAXING AIRPORTS
TRAVEL CHANNEL | FEBRUARY 2019

**TOP 10 BEST CITIES FOR
VETERANS**
WALLETHUB | NOVEMBER 2017

I ♥ Boise!

*#5 BEST CITY FOR
STARTING A BUSINESS
INC. | DECEMBER 2019*

*#1 AND #3 TOP RUN CITIES
WALLET HUB | JULY 2019*

*MOST INNOVATIVE METRO
VERIZON | DECEMBER 2018*

*#1 MOVING DESTINATION
NATIONAL MOVERS STUDY | JANUARY 2020*

*#7 CITIES WITH THE MOST
ADDED JOBS
USA TODAY | AUGUST 2019*

*#2 HIPSTER CITY IN AMERICA
JETSETTER | JANUARY 2019*

*BEST CITIES FOR A
MANUFACTURING WORKER
KEMPLER INDUSTRIES | MARCH 2019*



GEOGRAPHY & CLIMATE

While the Treasure Valley is formally recognized as a large area located in the southwest region of Idaho extending into southeast Oregon, for our purposes, we're focused exclusively on the Boise metropolitan area. Focusing on the Boise area, the region is a wide valley, considered to be at the foot of the distant Rocky Mountains. The valley floor is carved by streams and rivers, the largest remaining being the Boise River that joins the Snake River about 40 miles to the north.

The location of the Boise metro area lends itself to four distinct seasons. In the summer, temperatures range from the upper nineties to the lower sixties. Summers are dry and especially delightful in the early evenings into the late mornings. Depending on where you're from, winters are moderately cold with little or occasional snow. Spring and Fall are mild and the favorite times of year to go exploring much of Idaho, especially if mountain biking, camping, and fishing are at the tops of your recreational interests.



Boise & Surrounding Valley

BY THE SEASON

If you like sunshine, you'll love the Treasure Valley.

With an average of 220 sunny days, low humidity and just 12.1 inches of precipitation, the climate here is ideal for spending time outside.

Weather in the Treasure Valley is influenced by Pacific weather patterns, which helps moderate temperature extremes.

winter

Nov 18 - Feb 21

Average High: 47°F

Average Low: 27°F

Seasonal Rainfall: 5.14"

Even though the weather gets chilly, there's no reason to stay indoors. Walk, run or ride on the Boise River Greenbelt or head up to Bogus Basin for the day with a variety of runs for all different abilities.



spring

Feb 22 - Jun 14

Average High: 63°F

Average Low: 36°F

Seasonal Rainfall: 5.73"

Spring gives way to warmer afternoons with cool early mornings and evenings. As the days slowly get longer you'll have more time to enjoy the best of the Treasure Valley from camping to downtown entertainment.



summer

Jun 15 - Sep 11

Average High: 85°F

Average Low: 56°F

Seasonal Rainfall: 1.84"

Nothing quite compares to a Treasure Valley summer. Float the Boise River, plan BBQ's with friends, or relax outdoors on the patio of family friendly local restaurants. And don't forget about the natural beauty of Idaho - Get outside!



fall

Sep 12 - Nov 17

Average High: 64°F

Average Low: 41°F

Seasonal Rainfall: 2.68"

You'll love the vibrant colors of a Treasure Valley fall. The local hills are packed with mountain bikers and hikers taking advantage of perfect cooler temperatures shared with abundant wildlife preparing for winter.



9 Cities of the Treasure Valley

- Boise
- Meridian
- Eagle
- Kuna
- Star
- Nampa
- Caldwell
- Middleton
- Emmett



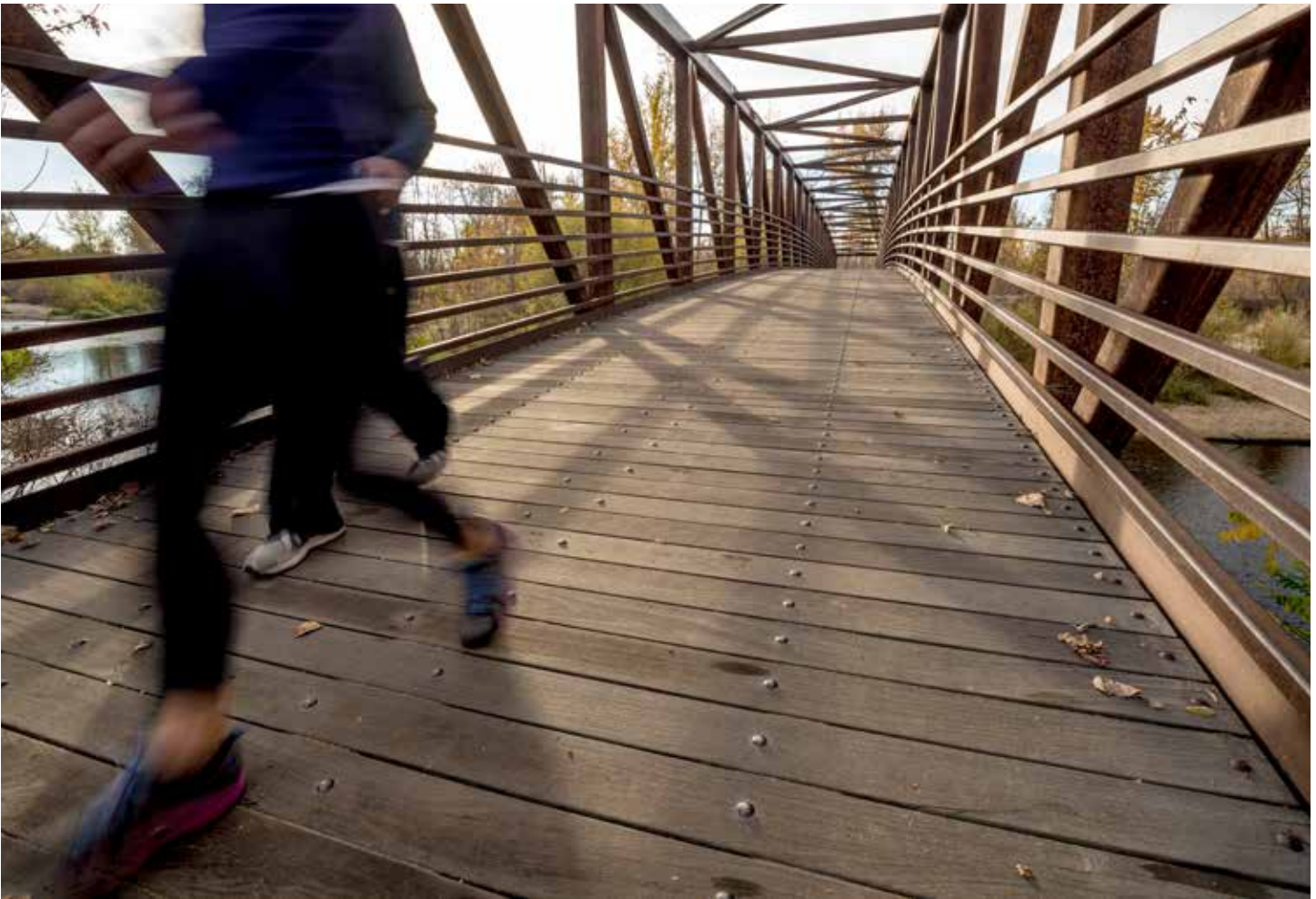


Boise, Idaho

YEAR INCORPORATED: 1863 POPULATION: 236,310

DRIVING DISTANCE TO BOISE: ** COMMUTE: 0:17





EXPLORE BOISE.

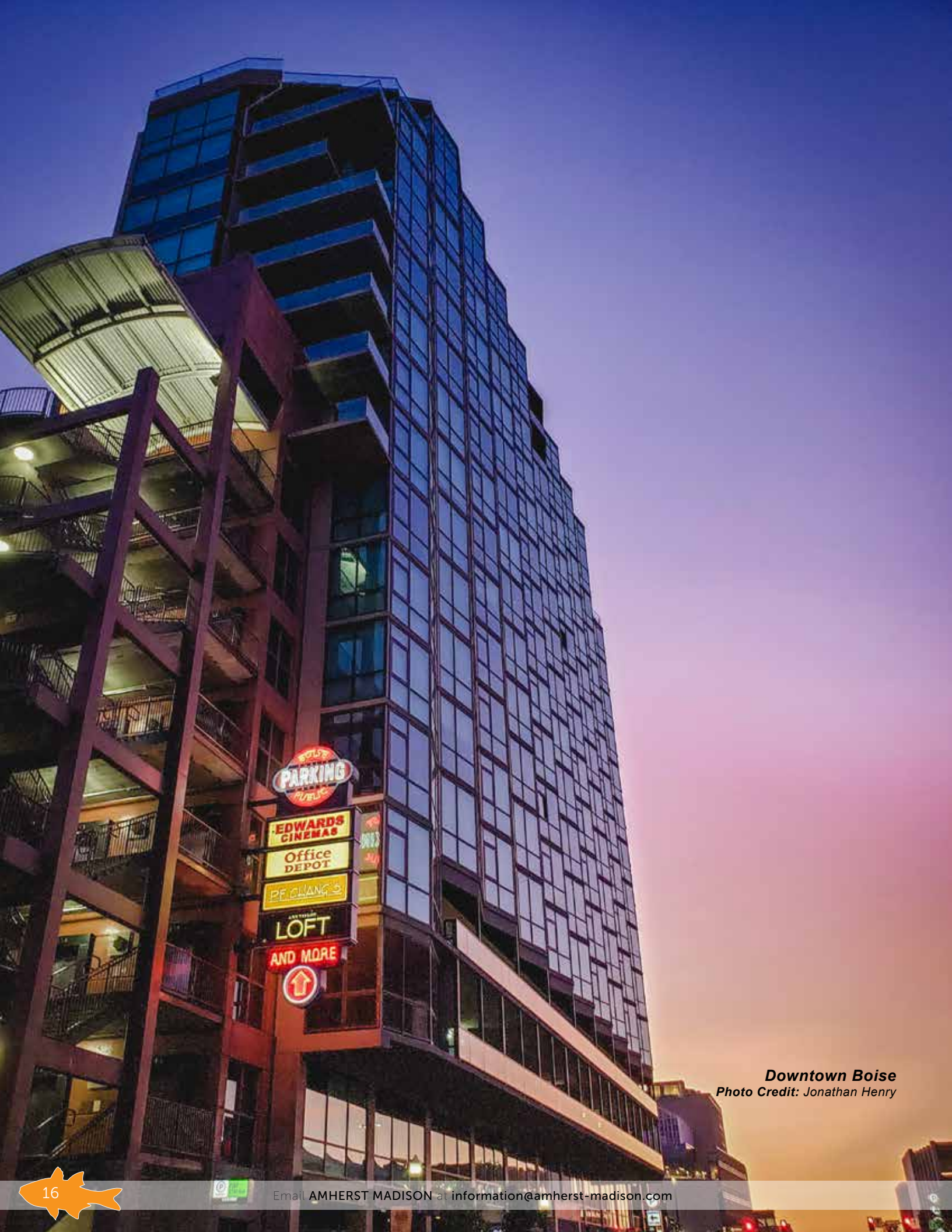
BOISE, IDAHO - Where wilderness and adventure are only minutes from a lively downtown. Laid back and friendly, where friends meet on the way home for burgers and brews after a day of skiing or tubing at Bogus Basin Mountain Recreation Area. From gourmet and trendy restaurants, funky local shops, craft breweries galore, and a strong community spirit, Boise is a thriving city where a river runs through it, dirt trails are out your front door, and live theater performances are an Uber ride away.

This flourishing city is the state capital of Idaho, with a population of more than 228,790. Boise is ideal in that it's large enough to have everything you could want at your fingertips, yet small enough to still be friendly and easy to navigate. It's no wonder it is one of the fastest-growing cities in the nation.

Outdoor recreation is a way of life in Boise, no matter the season. The foothills of the Rocky Mountains provide a beautiful backdrop to this vibrant city and include more than 140 miles of trails—literally out many

residents' back doors. You'll find mountain bikers, trail runners, hikers, and dog owners with their canine pets on these trails at any time of the year. The Greenbelt offers 25 miles of paved and dirt trails along the Boise River to run, ride, or stroll with hundreds of spots to fish or play in the water. Floating the Boise River is a must during summertime, while skiing is a huge part of the Boise winter with Bogus Basin just 20 miles up the mountain.

If the outdoors isn't your cup of tea, you'll find plenty of other ways to fill your event calendar



Downtown Boise
Photo Credit: Jonathan Henry

in Boise, including annual jazz and music festivals, the Idaho Shakespeare Festival, and many other theater performances throughout the year. Home to the largest Basque community in the United States, Boise hosts a huge Basque festival, Jaialdi, held every five years—the next one taking place this year in 2020. Boise is also home to the Boise Philharmonic, Ballet Idaho, Morrison Center for the Performing Arts, and several museums.

And sports fan, don't fret! While Boise may not have a professional football team, the Boise State Broncos (as fans would agree) are just as good as many professional teams! You won't go far around town without seeing the classic blue and orange colors of Boise State University. Another sports favorite is the Idaho Steelheads ice hockey team. With practices and home games played right in the heart of downtown Boise, you're sure to rub elbows with one of these professional players any day of the week.

Like all major cities, Boise is composed of several distinct neighborhoods. Continue reading for a synopsis of each community.

DOWNTOWN BOISE

Downtown Boise is the cultural center of the city and home to more than 100 shops, 80 restaurants, and several microbreweries and nightlife venues. Downtown Boise is an energetic, clean, and livable community that is also walkable and friendly. Community events such as the Saturday Farmer's Market, First Thursday, and the weekly Alive-After-Five outdoor concert series on The Grove Plaza bring large crowds to the area. The 8th Street Marketplace provides a lively pedestrian zone lined with boutiques, local restaurants, and bars. Downtown Boise's popular attractions include Julia Davis, Ann Morrison and Kathryn Albertson parks, the Idaho State Capitol, the classic Egyptian Theatre, the Boise Art Museum, and the Basque Block.

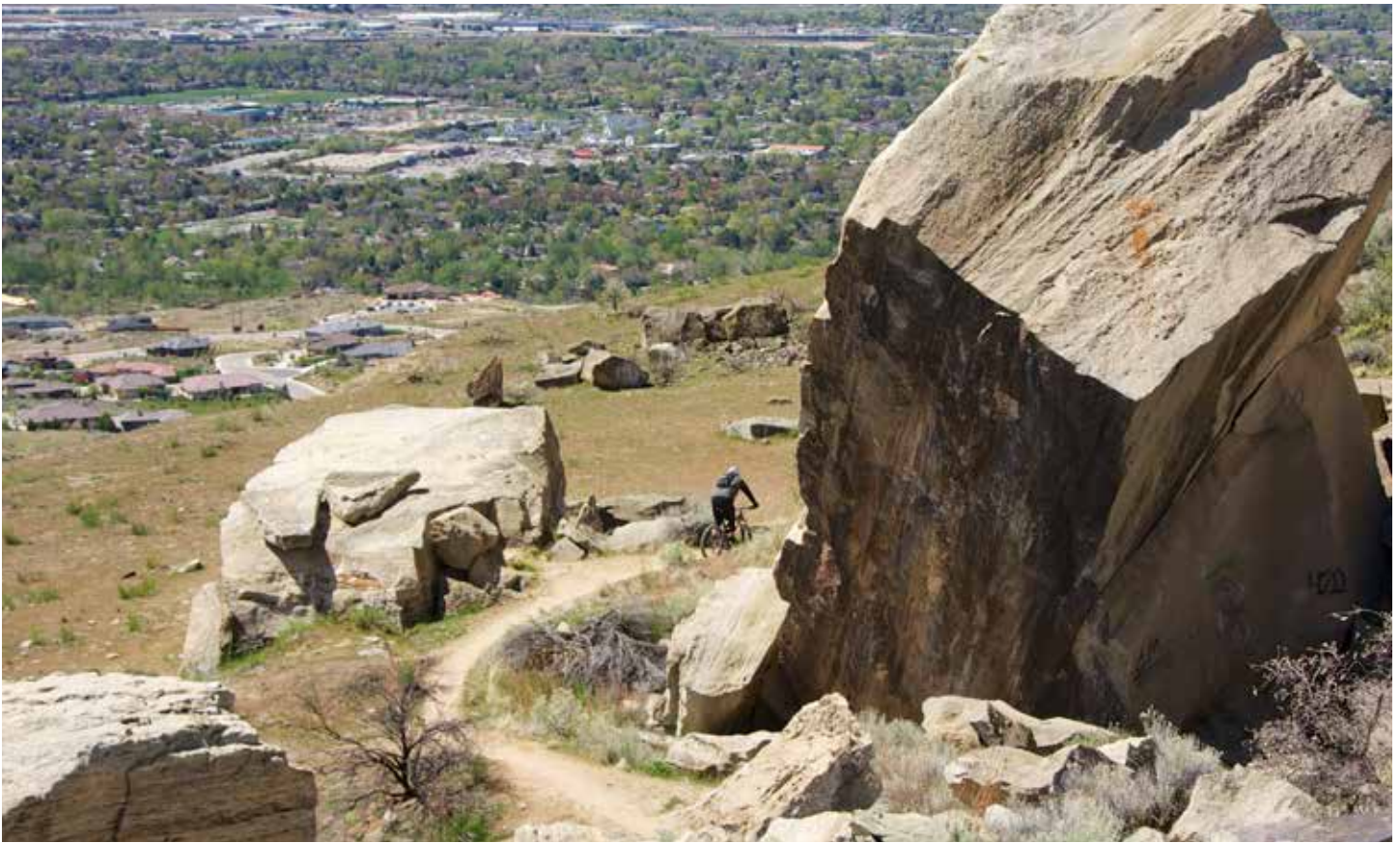


BOISE STATE UNIVERSITY

Just on the other side of the river from downtown is Boise State University, surrounded by residential neighborhoods and businesses catering to the student population. Located on the BSU campus, the unique blue-turf field at the 37,000-seat Albertsons Stadium is home to the Boise State Broncos football team and is a major city landmark. The university campus is also home to Extra Mile Arena, which hosts a variety of concert and sporting events, as well as the Morrison Center, which hosts the Idaho Ballet, Broadway shows, and many other cultural performances.

THE NORTH END

Located near downtown, the North End is Boise's historic treasure and is comprised of many of the city's older homes and quiet neighborhoods. It's known for its tree-lined streets such as Harrison Boulevard and the Historic Hyde Park District with its boutiques and popular eateries. Each year,



residents look forward to the Hyde Park Street Fair located at popular Camel's Back Park.

NORTHWEST BOISE

The proximity to the foothills, the Greenbelt, and downtown makes Northwest Boise a favorite among many locals. Tucked between the City of Eagle and downtown Boise, this community contains a mix of old and new neighborhoods with some areas of older homes that have a similar aesthetic to the North End. Amid its many conveniences, the beauty of the Boise foothills running along the northern side is what makes this neighborhood iconic.

NORTHEAST BOISE

This part of Boise is where many locals take friends and family when visiting. From the northeast corner of downtown along Warm Springs Road sit historic grand mansions, the Old Idaho Penitentiary, the Idaho Botanical Gardens, and the Warm Springs Mesa. This area derives its name from the natural hot springs that flow from Boise's fault line and warm many of the homes

in the area using geothermal energy. It is one of Boise's oldest, most expensive and sought-after neighborhoods with its good schools, popular restaurants, and direct access to downtown. As you make your way further east, you will discover highly sought-after communities such as Harris Ranch and River Heights in the Barber Valley, in an area also known as Boise's East End.

BOISE BENCH

Known locally as "the Bench", this area boasts some of the best views of Boise as it sits about 60 feet higher than downtown. It's generally an older residential neighborhood with a strong sense of community, old-school culture, and hipster vibe. The Bench gets its name from the sudden rise, giving the appearance of a step, or bench. It is home to the Boise Union Pacific Depot, offers easy access to the freeway and downtown, and overlooks beautiful Ann Morrison Park.

SOUTHEAST BOISE

Southeast Boise covers a large area from Boise State University to the edge of the city, where



Micron Technology is located. Most of Southeast Boise was developed in the last 30 years with suburban-style homes, including one of Boise's most exclusive neighborhoods, River Run, a community offering riverfront properties. A newer, growing addition to this region is the popular Bown Crossing. This community is surrounded by unique neighborhoods with quaint homes. Offering some of the best restaurants in Boise along with specialty shops, a new library, and a vibrant community spirit, Bown Crossing has quickly gained the attention of many families moving to the area.

SOUTHWEST BOISE

What once was known for its sparsely-populated neighborhoods and acre-sized plots, Southwest Boise is now a booming residential community with a suburban feel. The widespread growth of new homes and neighborhoods near Interstate 84 has made this section of Boise a desired location among newcomers and long-time residents alike with nearby conveniences such as theaters, golf, shopping, Costco, and the airport.

WEST BOISE

West Boise is home to Boise Towne Square Mall, the largest in the state, as well as many restaurants, strip malls, and residential developments, ranging from new subdivisions to apartment complexes. West Boise accounts for a large section of the city's residential population, connecting Boise to the cities of Meridian and Eagle. One of Boise's top employers, Hewlett Packard's printing division is also located here, employing more than 3,000 employees.

Meridian, Idaho

YEAR INCORPORATED: 1903 POPULATION: 114,680

DRIVING DISTANCE TO BOISE: 9 Miles COMMUTE: 0:22





Family Time at Linder Farms

EXPLORE MERIDIAN.

THE CORE OF THE TREASURE VALLEY

If you want to be in the center of it all, look no further than Meridian, Idaho. Rated # 9 by Money Magazine in 2019 as one of the best places to live in the U.S., Meridian is quickly emerging as a vibrant and growing hub for shopping, family fun, and quality living in the Treasure Valley. Meridian was the fastest-growing city in Idaho in 2019 and is now the second-largest city in the state. It is conveniently located 15 minutes from downtown Boise and only 10 miles east of Nampa, the third largest city in Idaho. Being a stone's throw from other destinations in the Treasure Valley, Meridian is an easy central location that serves as a bridge between the vibrant state capital and the small-town, rural feel of the surrounding communities of Eagle, Star, Middleton, Nampa, Caldwell, and Kuna.

Meridian has seen a huge growth explosion since 2000 and today has a population of 114,680, an increase of more 8,000 residents from last year. Silhouetted by the gorgeous Boise Mountains in the distance, people are flocking to Meridian for its family-oriented infrastructure, affordable housing prices, city planning, business opportunities, wide variety of shopping venues, and proximity to neighboring cities.

The City of Meridian boasts its own cosmopolitan shopping experience. The Village at Meridian has emerged as the center of upscale shopping, dining, and more. This outdoor shopping mall is beautifully designed as an enclave of specialty retail stores, restaurants, a luxury movie theater with private seating, a fitness center, plus a bowling alley and arcade. It offers ample outdoor

seating, a children’s playground, and a beautiful fountain showcasing hourly water displays with lights and music. During the holidays, the central courtyard is transformed into a festive outdoor ice rink, featuring an enormous, lighted Christmas tree and Santa’s workshop.



THE SOUL OF MERIDIAN

Ask anyone on the street what they love about the City of Meridian and you’ll hear a very consistent message—the people. Despite rapid growth, residents of Meridian have a strong community spirit and a kind of helpfulness found in small towns; locals are kind, friendly, and welcoming. That small-town feel is never more evident than when attending community events in the heart of downtown or at two of Meridian’s approximately 60-acre parks. Meridian is a place of belonging—it’s safe, clean, and a great place to raise a family. It’s a place where families ride their bikes to the local snow-cone shack and let their kids play at the park until dusk.

FASHIONED FOR FAMILY

You’ll have trouble deciding where to begin your family adventures, but look no further than two major offerings located just off the Meridian

Road exit. Visible from the freeway, a beacon that shrieks excitement into the heart of every kid (and kid-at-heart) is Roaring Springs Water Park, chosen as one of the Travel Channel’s Top U.S. Water Parks. Just next door is Wahooz, which features 70,000 square feet of family fun, including a new four-story indoor adventure park, plus a ropes course, bowling alley, laser tag, climbing wall, arcade event center, and grill. Outdoor options include year-round go-carts, bumper boats, miniature golf, and batting cages. Just down the road, the Meridian Speedway is another popular summer attraction for NASCAR fans young and old who feel the need for speed.



Conveniently situated throughout the city are 21 public parks and two sports parks, including Settlers Park, which hosts free outdoor movies and live music venues during the summer months. Many of the parks have fun splash pads for cooling off during the hot days of summer.

In historic downtown Meridian you will find the Youth Farmers Market near City Hall Plaza each Saturday. Young entrepreneurs will invite you to taste samples of their delicious homemade goodies while browsing other vendors’ booths featuring locally grown produce and handmade arts and crafts. The market is open from the end of June through September.



EXPANDING FOR BUSINESS

Meridian is booming. With rapidly growing industries and businesses both large and small, entrepreneurs and business leaders have found Meridian a wonderful environment in which to flourish. Careful planning and development forged between the City of Meridian and Idaho State University created Meridian's Medical Core. This partnership has set in motion the emergence of Meridian as one of the nation's elite health and science industry hubs. Meridian is home to Blue Cross of Idaho, St. Luke's full-service acute care campus, Idaho State University's Meridian Health Science Center, and Idaho's first medical school, Idaho College of Osteopathic Medicine, or ICOM, which began instruction in August of 2018. The addition of ICOM to Meridian's Medical Core is exciting, employing more than 90 senior instructors, attracting a wealth of new business industries,

and training physicians to care for people in a five-state region.

Along with the health and science industry boom, Meridian is the center of retail and commercial development. With an unemployment rate well below the national average, retail merchants, professional services, restaurateurs, and recreation venues are seeing the value of doing business in Meridian. It's easy to attract good employees with its convenient access to 1-84 and Highway 55, the ease and proximity of the outdoors, low cost of living, excellent schools, mountain views, and beautiful neighborhoods.

Meridian is a thriving, growing, family-friendly community, centrally located in the beautiful Treasure Valley. It's easy to see why Meridian is the fastest-growing city in the state of Idaho.

Eagle, Idaho

YEAR INCORPORATED: 1971 POPULATION: 31,270

DRIVING DISTANCE TO BOISE: 8 Miles COMMUTE: 0:18





EXPLORE EAGLE.

A TOWN ALL ITS OWN

Tucked away in a corner of the Treasure Valley, nestled between the foothills and the Boise River, you'll find the charming town of Eagle, Idaho. It's a city notable for its high-end subdivisions, horse properties, spas, and scenery. The Boise River, with its expanse of towering trees and pedestrian paths known as the Greenbelt, runs through the heart of town. In addition to this, the quaint downtown area, variety of local events, and strong sense of community pride prove that Eagle is in a class by itself when it comes to character, recreation, and charm.

UPSCALE OLD-TOWN APPEAL

Eagle is rich in history, dating back to the 1860s when gold was discovered there. The township

was named "Eagle" by the daughter of one of its settlers due to the number of bald eagles found on Eagle Island. Several of the historic buildings in the downtown area are originals, dating back to the early 1900s, and giving Eagle its allure. Eagle has come a long way since then, growing from a town of just 350 when it was incorporated in 1971 to more than 31,000 today. Its greatest appeal is the old-town feel—especially in the historic downtown area where old-style street lights line the main corridor.

The older part of Eagle showcases mature, tree-lined streets, stately homes on large lots, and beautiful, family-friendly neighborhoods and parks. A variety of specialty boutiques as well as restaurants and brunch spots provide a central location for locals to meet up with friends for



shopping and dining. Smart city planning has allowed Eagle to maintain its character while catering to the needs of the growing population.

As Eagle continues to grow, more first-class dining establishments, entertainment options, housing developments, retail outlets, and healthcare facilities are coming to town, giving residents even more reason to consider Eagle home.

RECREATION ABOUNDS

Whether your type of recreation is on two wheels or two legs, in the foothills, on the golf course, or along the river, you'll find it within Eagle city limits.

Home to the Eagle Sports Complex and Bike Park, this massive 200-acre park is one of the largest in the country. It includes a BMX track, world-class mountain bike trails, a skate park, basketball courts, and an inline hockey rink.

Two of the Treasure Valley's established golf courses are located in Eagle—Banbury Golf Course, rated for the past eight years in the top 10 golf courses in Idaho by Golf Digest, and Eagle Hills Golf Course. This 18-hole championship course is Eagle's original golf course, offering rolling fairways and challenging water features against a backdrop of the Boise foothills.

Just two and a half miles from downtown is Eagle Island State Park, located between the north and south channels of the Boise River. This beautiful 545-acre state park has something for everyone—a waterslide, sandy beaches, picnic area, and more than five miles of trails where outdoor enthusiasts can ride horses, walk their dogs, or play disc golf. For adventure lovers, the park also offers paddleboard rentals plus a 6-line zip line course. Adrenaline junkies will enjoy the quick jump, which simulates a parachute leap from a 60-foot tower. Eagle Island is also home to



The Ada/Eagle Sports Complex and Bike Park

Gateway Snow Park which features multiple snow tubing runs in wintertime.

Cool off at one of the best-known splash pads in the valley at Stephen Grueber Park in Eagle. This 15-acre city park is a favorite for locals and visitors for its colorful playground, expansive splash pad, and acres of green space for athletics—or for simply throwing the ball with your pup. Reid Merrill Park has recently been upgraded with a larger splash pad and new playground equipment. This park lies right along the Boise River, allowing for fun family exploration on nearby trails. Whatever your recreation flare, you'll find it in Eagle.

From May through early October, stop by the Eagle Saturday Market at Heritage Park in the heart of downtown Eagle. Browse a variety of vendors selling specialty foods, locally grown produce, and handmade arts and crafts. While

enjoying a plate of freshly prepared food, sit back and enjoy the sounds of local musicians to round out your time at the market. Add to this a variety of year-round community events in Eagle and your event calendar will surely be full.

SET APART

Quiet, cozy Eagle is just an eight-mile drive to the hustle and bustle of downtown Boise. This makes a night out on the town or shopping in the “big city” fun and easy to do.

The scenic setting, great schools, safe, family-oriented neighborhoods, recreation, and abundant social events are some of the many reasons Eagle is one of the most desirable communities in the Boise area. This truly sets it apart—making Eagle, Idaho, a town all its own.

Kuna, Idaho

YEAR INCORPORATED: 1864 POPULATION: 22,830

DRIVING DISTANCE TO BOISE: 18 Miles COMMUTE: 0:25



Photo Credit: Tabby Powell



Photo Credit: Tabby Powell

EXPLORE KUNA.

MORE FOR YOUR MONEY

The number one reason the small farm town of Kuna is growing at an accelerated pace—affordability. Second to affordability is location. Just a short 15-minute drive down the main highway from Meridian, Kuna is growing at breakneck speed. People see the immense value in purchasing a home here. Home builders saw the potential years ago, and many are now building residential and luxury communities in Kuna. This is attracting a whole new demographic to the area, thus broadening the area's appeal.

As the city evolves, the development of commercial businesses is matching the pace of Kuna's residential growth. In the past two years, several chain restaurants and fast-food establishments have opened. Grocery and

retail stores as well as other small businesses, including convenience stores and gas stations, are changing the landscape around town and meeting basic community needs. With its expanding commerce, Kuna becomes more self-contained, and residents are able to find what they need in their own friendly community.

PEACE AND QUIET

Although most people discover Kuna because of the lower home prices, once here they immediately fall in love with it. Despite the rapid growth, Kuna maintains a country setting and rural roots where the simple life still exists. The country landscape is refreshing, inspiring families to enjoy the outdoors, walk local nature paths, and explore neighborhood parks. And because many of the developments are tucked-in and surrounded

by farmland, there is a peace and quiet that permeates the town that you won't find in larger, nearby communities.

Perhaps it's the ambiance of the area that invites folks to be friendlier here—holding the door open for others, looking people in the eye, and saying hello to strangers.

SMALL-TOWN LIVING

The beauty of living in a small, growing town is that you are part of the old and the new. Experience the old-fashioned fun of a country carnival at Kuna Days, held the second weekend in August. This two-day festival celebrates the history of Kuna and takes place at Bernie Fisher Park in downtown. The entire community seemingly shows up for this beloved annual event. Kuna Days includes everything from games and rides to musicians and performers. It even has a hometown parade. You'll find vendors of every kind selling crafts and painting faces. Enjoy this festive community event while watching your children jump in the free bounce houses. Be sure to attend Kuna Days with an appetite—you can purchase freshly prepared food at the food-truck alley and quench your thirst at the beer garden. The summer festivities close each night with a spectacular fireworks display.

In winter, residents come out in droves and stand shoulder-to-shoulder, embracing the cold to enjoy the Down Home Country Christmas parade on Main Street. Floats are lit in holiday glow, with float participants throwing candy to children and blasting Christmas music as they pass by. The event culminates with residents counting down to the city's lighting of the Christmas tree at Bernie Fisher Park.

Revitalization is taking place in Kuna's downtown area. City officials want to make downtown a destination for locals and visitors and have already upgraded new street lamps and sidewalks. The new KUNA! structure on Avenue E is part of the revitalization project, and the city plans to add

more art projects in the second phase this year, bringing a unique hometown feel to downtown. As businesses on Main Street upgrade their exterior and more family boutiques and unique restaurants open, Kuna's quality of life and vibrant community spirit will continue to soar.

Along with the downtown revitalization is the beautification of the Kuna Greenbelt. This area lies in the heart of town and runs alongside Indian Creek from behind Indian Creek Elementary to Orchard Street. Runners, walkers, and families frequent this lush, beautiful area. The greenbelt is replete with places to splash in the water or picnic under mature, green trees. The area also boasts a BMX dirt track and skateboard park, Little League baseball fields, and a new splash pad for cooling off in the summer heat.



We would be remiss if we didn't mention the river float on Indian Creek. This is the best local secret in the Treasure Valley. Forget the long pump lines and crowds on the Boise River. Grab your tube and some friends, and hop in Indian Creek at Strobel Road for a great 45-minute float down this fun, fast-flowing river. Don't let the word "creek" fool you—while some sections include a relaxing float, the river also has a few rapids that will get the adrenaline pumping.

BIG ATTRACTIONS NEARBY

While enjoying the simple pleasures of small-town living, big attractions are a short drive away on days when you want to explore.

One of the valley's most scenic golf courses is the massive, 36-hole Falcon Crest Golf Course. Touted as one of the top five courses in the state of Idaho, Falcon Crest Golf Club in Kuna offers 27 holes of championship golf and a 9-hole executive course with views of the surrounding mountains and overlooking the valley floor.

A short eight-mile drive south of downtown, one can explore the Kuna Caves. The opening to the caves is located on public land in the midst of vast farmland. Placed above the opening is a steel, encaged ladder that descends 50 feet into the mouth of the cave. Visitors can explore about a quarter mile north and a little south of the entrance.

Initial Point isn't much to look at but has an interesting history. Located just 10 miles south of Kuna is a marker situated on top of a butte about 350 feet high. Perched atop the butte is an observation deck with a silver marker indicating the reference point for all land surveys in Idaho since 1867. After admiring the historic silver marker, take in the astounding views of the Owyhee and Boise Mountain Ranges and far-reaching valley below.

Twenty miles away on the Snake River is Swan Falls Dam and Park, a popular place for outdoor enthusiasts. The view from the top of the river canyon is breathtaking, resembling a miniature Grand Canyon. Known for its bountiful fishing, miles of hiking trails, rafting, camping, and spectacular bird-watching—with many birds of prey nesting nearby—the river is rich in recreational opportunities for the nature lover to explore and see.

Swan Falls Dam & Park
Photo Credit: Jonathan Henry

Star, Idaho

YEAR INCORPORATED: 1905 POPULATION: 10,990

DRIVING DISTANCE TO BOISE: 17 Miles COMMUTE: 0:26





Photo Credit: Jonathan Henry

EXPLORE STAR.

BEAUTIFUL AND SPACIOUS

Beautiful open spaces, new subdivisions, and equestrian properties dot the pastoral landscape in the small, growing city of Star, Idaho. Located between Eagle and Middleton, Star delivers the perfect combination of nearby opulence with rural sensibility. With plenty of undeveloped land, active agriculture, and rolling hills, Star is reminiscent of neighboring Eagle just a few decades ago.

Living in Star 20 years ago was considered living “out in the country.” In those days, with a population of about 500 residents, the small town was isolated from any surrounding cities by vast farmland. Following the development of several new subdivisions, a new school, and new stores, Ada County extended Highway 16, connecting

Star to Meridian. Since that time, the city has experienced substantial growth, and today, this rural town of 11,000 is more accessible and is centrally located in the valley.

Even with the unprecedented growth Star has experienced over the past two decades, it is still a small town. The Star Mercantile, which opened in 1908, is currently the only grocery and hardware store in town and offers everything from lumber to milk. Yet residents are only a 15 to 40-minute drive to just about anywhere in the valley.

Downtown Boise is a little more than 40 minutes away. A trip to Costco in Nampa is only 20 minutes from town, while Eagle is a short 15-minute drive from multiple shopping venues.

PERFECT PLACE TO PLANT YOUR ROOTS

Star's friendly hometown atmosphere and country setting makes it an ideal place to live and raise a family. The strong community participation and local events create opportunities for new residents to become involved. Star's River Walk Park is a secret gem known only to locals and is still quiet and pristine (although word is quickly getting out). Locally owned restaurants such as Sully's and Star Country Café make you feel welcomed and part of the family.

It's fun to shop the quirky stores along State Street. You'll find kids—big and small—at the local skate park and families enjoying outdoor summer movies in the park. Because of Star's size, crime is almost non-existent, and residents feel safe while out on a morning run or walking the dog. And there's a good chance of bumping into the Mayor while pumping gas at the local gas station.

Star is everything you'd want in a country setting and more. Star delivers on authentic, small-town life with friendly neighbors, traditional festivals, and the absolute best 4th of July fireworks show in the valley!



Photo Credit: Jonathan Henry

BRIGHTEST JEWEL IN THE GEM STATE

Real-estate agents and locals alike are projecting continued and steady growth for Star. It's a growing community with many wide-ranging developments. According to the city's newly adopted comprehensive plan, Star will expand the central business district to attract more businesses to the downtown, making it a vibrant community hub as the city continues to blossom.

Housing prices are low compared to Boise (more in line with Meridian prices). Many homes offer stunning views of the surrounding mountain ranges—Squaw Butte to the north, the Boise Foothills to the east, and the Owyhee Mountain Range to the south.

Young families aren't the only ones taking advantage of this friendly country setting. It is quickly becoming a retirement community in the Treasure Valley. With developments being built along the Boise River, complete with tennis courts and miles of walking trails, retirees are seeing the advantage of cashing out of their existing home and purchasing a luxury home here, embracing a more relaxed way of life.

As an added benefit to purchasing a home in Star, qualified applicants can take advantage of financial perks such as the Rural Development Loan, which allows home buyers to finance up to 100% of the purchase price of the home. (That's right—no down payment.) While applicants must go through a multi-step process, and not everyone qualifies for this U.S. Department of Agriculture loan program—the fact that it's available here is amazing.

If a quiet country setting is what you desire, with all the homegrown goodness of a small town, then Star is where you'll want to plant your roots and call home.

Photo Credit: Jonathan Henry

Nampa, Idaho

YEAR INCORPORATED: 1890 POPULATION: 102,030

DRIVING DISTANCE TO BOISE: 19 Miles COMMUTE: 0:24





EXPLORE NAMPA.

EXPERIENCE IDAHO

Nampa encapsulates the best of Idaho's character and charm—friendly, affordable, outdoorsy, and convenient. Although Nampa is the state's third-largest city, it is still an idyllic small town with a population of a little more than 100,000. Nampa is the perfect-sized city to experience what Idaho is best known for—its friendly, laid-back way of life.

For those who call Nampa home, all the conveniences of shopping, dining, and outdoor recreation can be found without having to leave the city limits. Whether it's a newer subdivision near Costco, an older home in the historic downtown area, or acreage on the outskirts of town with a view of the Owyhee Mountains, you'll find what you're looking for in Nampa.

LIVELY DOWNTOWN NAMPA

Downtown Nampa is alive and well. Anchored by the new Library Square—which includes the beautiful 62,000-ft., state-of-the-art Nampa Library—the revitalization of this historic district over the past few years has spurred new life into the area. The historic Nampa Train Depot Museum, the Nampa Farmers Market, art galleries, consignment shops, retail boutiques, and hip little restaurants are all within walking distance.

Downtown eating establishments such as Boise Fry Company, Flying M, Messenger Pizza, Brick 29 Bistro, Stella's Ice Cream, and the new Holy Cow Idaho, 2C Family Brewing, and Mesa Tacos + Tequila have transformed Nampa's downtown

into an up-and-coming dining hub. As more dining options emerge on the scene, retail merchants are transforming vacant storefronts into bustling places of business. It is an exciting time for this historic area as it develops into one of the best downtown Main Streets in the state.



HISTORIC NAMPA TRAIN DEPOT

Nampa's history goes back to the early 1880s when the Oregon Short Line Railroad built a line from Granger, Wyo., to Huntington, Ore., which passed through Nampa. As the Oregon Short Line Railroad originally bypassed Boise, Nampa had the fanciest railroad depot in the area.

The Nampa Train Depot Museum sits in the center of downtown Nampa. Saved by a group of citizens in 1972 from demolition, this grand historic building features exhibits on Nampa's railroad history, antiques, souvenirs, and more.

BEAUTIFUL OASIS - LAKE LOWELL

Located in South Nampa, Lake Lowell is a recreation lover's paradise. With 28 miles of shoreline, it is one of the largest off-stream reservoirs in the West, constructed by the U.S. Bureau of Reclamation in the early 1900s. Surrounded by the Deer Flat National Wildlife Refuge, which was established in 1909 by President Theodore Roosevelt, it is a prime location for bird watching. Activities such as

boating, fishing, and wildlife viewing are also major attractions to the area. During the summer, enjoy swimming, water-skiing, wakeboarding, and all the fun one can have on this 14.5-square-mile lake.



PACKS A PUNCH

For a town this size, Nampa has a lot to offer for family entertainment and fun.

For the aviation lover in your family, the Warhawk Air Museum is a must-see. The museum has beautifully captured and preserved military aviation history and offers visitors a glimpse of U.S. aviation from its earliest days. The museum started as a tribute to WWI and WWII veterans and has expanded to include veterans' history up to the Persian Gulf and Iraq Wars.

The Nampa Rec Center is another gem found only in Nampa. This immense facility has five indoor pools, the latest in cardio and weight equipment, indoor and outdoor tracks, racquetball, rock climbing, preschool and kids' camps, senior activities, and a host of other events throughout the year. The staff is friendly, and the facility offers year-round swim lessons, gymnastics, and several other classes. The Nampa Rec Center is one of Nampa's true treasures.



Nampa is also home to the Ford Idaho Center. This massive complex includes a stunning outdoor amphitheater that hosts world-class musicians, an indoor event center where one of the nation's top-10, regular-season, professional rodeos takes place—the Snake River Stampede, and the Northwest's leading horse facility, the Ford Idaho Horse Park. This multi-use facility also draws people from all over southwest Idaho to enjoy the best live outdoor concerts, attend the circus, shop seasonal trade shows, and many other family-friendly events.

If golfing is more your game, Nampa has three beautiful golf courses within its city limits. For business and cultural events, the Nampa Civic Center offers 28,000 square feet of event space for meetings, conferences, and trade-shows and is home to the John Brandt Performing Arts Theater.

EXCELLENT EDUCATION

Nampa offers both public and private schooling options. The city's teachers reflect the best of Nampa's citizens—hard-working, honest, caring people who provide your child the best education possible.

Three great colleges call Nampa home—Northwest Nazarene University, one of the top Christian universities in the Northwest, College

of Western Idaho, and Stevens-Henagar College Nampa campus.

GROWING

Nampa's friendly business climate, low unemployment rate, and low cost of doing business are attracting many new companies to expand or open here. Coming in the fall of 2020 is a brand-new Amazon fulfillment center that will create more than 1,000 full-time jobs in Nampa. Treasure Valley Marketplace and Treasure Valley Crossing are retail magnets with anchor stores such as Target and Dick's Sporting Goods, as well as Costco. Nampa has added two full-service hospitals to the area—St. Luke's Nampa Medical Center, located off Midland Boulevard, and Saint Alphonsus Medical Center Nampa, located off Garrity Boulevard at I-84.

QUALITY OF LIFE

With a plethora of amenities, the quality of life in Nampa is rounded off by the neighborly people who live and work here. It's a diverse culture ranging from agriculture to service professionals, retail to start-ups. The costs of living and housing are lower than other areas in the valley. With a variety of parks and trails to explore and the proximity to other nearby communities in the valley, Nampa is a solid choice for those who want to retain a small-town feel while living in a vibrant and growing community.

Caldwell, Idaho

YEAR INCORPORATED: 1883 POPULATION: 58,830

DRIVING DISTANCE TO BOISE: 24 Miles COMMUTE: 0:26





EXPLORE CALDWELL.

THE TREASURE OF THE VALLEY

You know those movies you love—situated in a small, country town where everyone knows everyone—where lights are strung overhead as the golden hour of dusk falls. Neighbors come together to celebrate a community event as a band plays. Gals wearing dresses and cowboy boots sip wine while laughing with friends. Guys swing their gals on the dance floor while Grandma plays with her granddaughter nearby. With its glorious sunsets, neighborly spirit, vibrant community events, and western charm—welcome to Caldwell, Idaho.

Located 25 miles west of Boise and a half hour from the Oregon state line, life in Caldwell is a little more down home. With a population of about 60,000, downtown Caldwell is experiencing a rebirth. The revitalization of Indian Creek Plaza

has brought new life and vigor to this quiet town. The plaza offers an outdoor venue and hosts wine and art festivals, music events and more, providing a central gathering place for more than 250 days of activity throughout the year. One such event is the Caldwell Farmer's Market, which takes place every Tuesday from May through September (5-9 p.m.) and runs in conjunction with the Summer Concert Series (6-8 p.m.)

A new, 11-screen movie theater opened last year, and trendy new restaurants and retail boutiques are popping up—10 new businesses in 2019 alone. In wintertime, the area transforms into a magical festival of lights with outdoor ice skating on the all-new ice ribbon. It has become a winter destination for anyone living within the Treasure Valley.



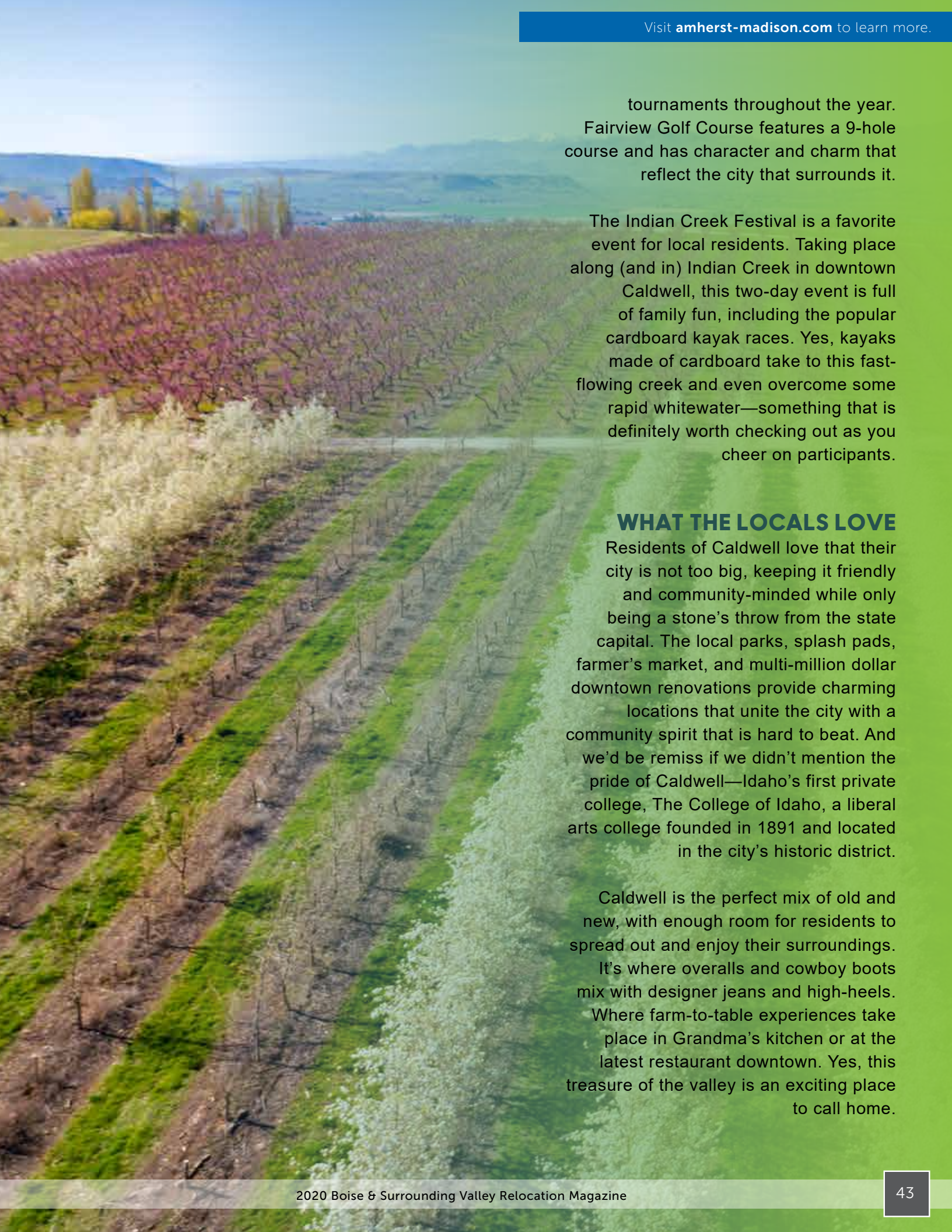
WHAT'S YOUR PLEASURE

As you might imagine, rodeos and county fairs are a pretty big deal in this little section of the valley. The Caldwell Night Rodeo is Idaho's #1, large outdoor rodeo. It is the largest and longest-running annual event in Canyon County, attracting more than 45,000 engaging fans to this 5-night extravaganza.

The Canyon County Fair is the largest summer attraction in Canyon County, drawing more than 50,000 fair-goers from around the region. This four-day event is fun and affordable for families. Top country acts perform each night, and attendance is free with paid gate admission (just \$5 last year). And what fair is complete without farm animals, hair-raising carnival rides, and sticky cotton candy?

What is surprising to many is the number of world-class wineries in southwestern Idaho. The rich soil found in the Snake River Valley, along with Idaho's cool winters and hot dry summers, provide an excellent climate in which to grow grapes. As a result, 15 of the state's 51 wineries are located within Caldwell's vicinity. Serving as a gateway to the Snake River Valley's wine country, the Sunnyslope Wine Trail attracts connoisseurs to the region for several annual events where wine lovers can visit the vineyards at varying stages during the growing process, tour wine cellars, and experience tastings at some of Idaho's finest wineries.

Golfing is also a big deal in Caldwell with two great golf courses. Purple Sage Golf Course is one of the valley's most affordable municipal golf courses, featuring 18 holes, and is home to many



tournaments throughout the year. Fairview Golf Course features a 9-hole course and has character and charm that reflect the city that surrounds it.

The Indian Creek Festival is a favorite event for local residents. Taking place along (and in) Indian Creek in downtown Caldwell, this two-day event is full of family fun, including the popular cardboard kayak races. Yes, kayaks made of cardboard take to this fast-flowing creek and even overcome some rapid whitewater—something that is definitely worth checking out as you cheer on participants.

WHAT THE LOCALS LOVE

Residents of Caldwell love that their city is not too big, keeping it friendly and community-minded while only being a stone's throw from the state capital. The local parks, splash pads, farmer's market, and multi-million dollar downtown renovations provide charming locations that unite the city with a community spirit that is hard to beat. And we'd be remiss if we didn't mention the pride of Caldwell—Idaho's first private college, The College of Idaho, a liberal arts college founded in 1891 and located in the city's historic district.

Caldwell is the perfect mix of old and new, with enough room for residents to spread out and enjoy their surroundings.

It's where overalls and cowboy boots mix with designer jeans and high-heels. Where farm-to-table experiences take place in Grandma's kitchen or at the latest restaurant downtown. Yes, this treasure of the valley is an exciting place to call home.

Middleton, Idaho

YEAR INCORPORATED: 1910 POPULATION: 9,710

DRIVING DISTANCE TO BOISE: 28 Miles COMMUTE: 0:30



Photo Credit: Jonathan Henry



Photo Credit: Jonathan Henry

EXPLORE MIDDLETON.

BIG THINGS COME IN SMALL PACKAGES

Middleton is a true Idaho farm town, only 45-minutes removed from the hustle and bustle of downtown Boise. If we didn't tell you Boise was so close, you might not believe it. Middleton has a small-town culture where horses and farmland are the norm and getting directions to the best old-fashioned ice cream shake seems like a natural conversation. (It's the Burger Den on Main Street, if you were wondering.)

People choose Middleton for its charm and reasonably priced property. Because the cost of land in Middleton is about half of what you find in neighboring cities, buying acreage is more affordable. Many older homes in Middleton come with land, barns, and outbuildings. Purchasing acreage and building your dream home can easily become reality here. It serves as a bedroom community to Boise and Meridian, allowing

families to live in a rural setting with convenient access to neighboring cities. And while the town hasn't escaped the urban growth the Treasure Valley has seen in recent years, it remains a small town of more than 9,000 residents, retaining its rural feel and down-home hospitality.

FAMILY FIRST

Family is a big deal in Middleton, which is why the school district is one of the best in the valley. The student-to-teacher ratio is small, giving kids one-on-one attention typically only provided in a more expensive private-school education.

Showing their commitment to the future of Middleton and its children, the city built a new high school that is one of the most elite in the state of Idaho with regard to technology and safety. Five times larger than the previous high



school, the campus can accommodate 1,600 students and was designed with extra, unused classrooms to grow into. They also greatly expanded the athletic facilities to include a 3,000-seat gym, tennis courts, and a 4,000-seat football stadium, complete with artificial turf.

The parks in this rural community rival those of larger neighboring cities. This town is so committed to family recreation that it has two parks departments—the City of Middleton Parks and Pathways Department and the Greater Middleton Parks and Recreation Department.

The City of Middleton owns four beautiful parks in this small town. Piccadilly Park, across the street from Middleton Middle School, is the largest park. It hosts a farmer's market throughout the summer, offers an interactive splash pad, and features a new, progressive Grindline Skatepark, attracting locals and visitors to this top-of-the-line skatepark. Future

plans include a zip line, outdoor workout stations, and amphitheater.

Greater Middleton Parks and Recreation Department is dedicated to developing and preserving open space in this scenic, country town. They have three lovely parks for the community to enjoy, and offer free movies at Foote Park throughout the summer. They also acquired and renovated an old elementary school gym, converting it into the Middleton Community Center. Here residents enjoy community plays and can play a game of pickleball, basketball or volleyball. It has become a daily gathering spot for seniors and retirees, and the community center offers an after-school recreation room for middle school and high school students.

Yes, Middleton may be the smallest of the cities in the Treasure Valley area, but it's big on heart, family, and community. And that is just how the locals want to keep it.



Emmett, Idaho

YEAR INCORPORATED: 1900 POPULATION: 6,829

DRIVING DISTANCE TO BOISE: 24 Miles COMMUTE: 0:26



Photo Credit: Jonathan Henry



EXPLORE EMMETT.

LIFE IN EMMETT

Just over the foothills north of the Treasure Valley lies beautiful Emmett, Idaho. Descending into the Emmett Valley on Highway 16 offers stunning views of this fertile valley. Located at the base of Squaw Butte with the Payette River flowing through it, Emmett has abundant recreational opportunities year-round and yet is a throwback to simpler times. It is an unabashedly small town with everything you need found within the city limits. A variety of delicious restaurants, a great hospital, good schools and most of all—friendly people—make Emmett the perfect place for those that truly appreciate quiet, small-town living.

Emmett has not experienced the rapid growth that the Treasure Valley has experienced. Although it has grown slowly over this past decade, it remains a community of almost 7,000. Tucked away in its own scenic valley, it is only a 30-minute drive to Eagle and other nearby cities.

Living in Emmett allows your children the freedom of walking and biking to nearby schools and parks. It is a safe and ideal place for raising children. And Emmett has tremendous hometown pride—from its small-town, high school football games to the annual Emmett Cherry Festival that attracts more than 50,000 visitors annually to this four-day event.

SCENIC RECREATION AND FUN

Nowhere in the Treasure Valley can one find the kind of rugged beauty that surrounds Emmett. Jutting nearly 5,900 feet above sea level, Squaw Butte lies at the north end of the Emmett Valley, rewarding hikers and mountain climbers with a breathtaking view of the fruitful valley below.

The Payette River provides abundant recreational activities from fishing to white-water rafting, favorite swimming holes, and hidden picnic areas. There are countless places to enjoy clean mountain air while camping along tranquil or fast-

flowing sections of the river, teeming with fish and forested banks.

Surrounded by the Payette River is the beautiful 57-acre Gem Island Sports Complex, a regular hangout for families. The complex offers several play areas, including eight baseball fields, soccer fields, a skate park, basketball and volleyball courts, an amphitheater and a stocked fishing pond. A paved riverside walking path surrounds the complex. It's a great place to spend a day with family, so be sure to pack a cooler, fishing poles, and your kids' scooters, and enjoy the afternoon making memories.



The Little Gem Cycle Park, just east of Emmett off Highway 16, is one of the largest off-road vehicle parks in the West. Explore more than 2,000 acres of varied terrain with hills, ridges, and sandy areas. Seven miles northeast of Emmett is Black Canyon Reservoir. Open from mid-May through mid-September, this 1,100-acre reservoir features 12 miles of shoreline and is a favorite spot for boating, fishing, swimming, and camping.

Along with assorted outdoor recreational opportunities, Emmett also hosts a variety of community events. Each spring, anticipation begins for the opening of the Emmett Farmers Market, which runs from June through

October. Experience locally grown fruits and vegetables, goat's milk soap and cheese, unique woodworking, crafts, and more.

As previously mentioned, the Emmett Cherry Festival brings more than 50,000 visitors to town. This free, family-friendly hometown tradition began in the 1930s to celebrate the abundance of the Emmett Valley and takes place the second full week of June each year. Starting on Wednesday and running through Saturday, the entire town of Emmett is transformed into a bustling family festival, offering free daily entertainment, parades, and nightly concerts.



On the third Saturday in July, Emmett is flooded with more than 1,000 classic cars as they participate in the Emmett Show and Shine followed by Emmett Cruise Night. Cowboys and residents alike take part in the Gem County Fair & Rodeo, held the first weekend in August.

Blessed with the grandeur of nature, a friendly hometown spirit, and a wide variety of community events, Emmett is an amazing place that residents love to call home.

The Treasure Valley is right where you'll want to live. It's the perfect launch point to explore so many beautiful and interesting places that are anywhere from an hour to a daytrip away.



adventure time

The **Stack Rock Trail** is a relatively flat, well-marked, out-and-back hike measuring about 8-miles—the last half a mile does involve some aggressive elevation gain. The hike rewards you with an amazing 360-degree view of the Treasure Valley and as the trail name implies, the trail leads to a tall granite rock formation called Stack Rock. The trail is heavily shaded by the surrounding Ponderosa pine and Douglas fir trees making summer adventures in the area comfortable—but still bring plenty of water. The trail is friendly for runners, mountain bikes and dogs. Getting to the trailhead is only a 13 miles drive up Bogus Basin Road.



OFF-ROADING

Travel about a half-hour outside the Boise metro area and it's easy to get purposefully lost. The **Hemingway Butte OHV** (off-highway vehicle) area, along with the nearby Fossil Creek and Rabbit Creek OHV trailheads, put hundreds of miles of dirt roads and trails in your path, from moderate to difficult. The area is managed by the Bureau of Land Management (BLM) allowing you to enjoy the area without much restriction beyond simple courtesy and common respect for the land. (Stay on designated trails and pack out your trash!)



CAMPING

One of the finest ways to appreciate the natural beauty of Idaho is next to the crackling sound of a campfire. Yes, that's right, camping.

There is just something different about camping in Idaho. Perhaps it's the absence of crowds, the lack of competition for the best spots, or the fact that so much of the state remains wild and seemingly natural. With 35 million acres of public land in Idaho, you'll discover hundreds of campsites near managed facilities, an infinite number of choices for those who prefer the backcountry, and several places for RVs and cabin rentals.

Whether you prefer a spot beside a mountain lake, rivers teeming with fish, hot springs, or in the middle of the forest, the only struggle will be which spot to pick!





WHITewater RAFTING

Some claim the Boise area gets a little warm in the summer, but really, the weather reaches the perfect temperature to set the stage for a little whitewater adventure on the Payette River.

Just a short drive past Eagle along scenic route 55, you'll quickly find yourself driving alongside the Payette River. Locally known as "The Main," this section of the Payette River provides varying levels of challenging whitewater up to class III rapids, while the North and South Forks provide adrenaline-pumping class IV and V rapids. The river offers both abundant excitement and relaxation.

Explore several rafting adventure companies in the area where you can reserve trips lasting from a couple of hours to several days. For more experienced whitewater kayakers or rafters, you'll find many points along the river to park and put in/out.



SWAN FALLS DAM AND PARK

Just outside Boise along the Snake River is Swan Falls Dam and Park. The view from the top of the river canyon is breathtaking, resembling a miniature Grand Canyon. Known for its bountiful fishing, miles of hiking trails, rafting, camping, and spectacular bird-watching—with many birds of prey nesting nearby—the river is rich in recreational opportunities for the nature lover to explore and see.

For the adventurous, mountain bike across the hydroelectric dam and through the canyon to a field full of petroglyphs. The trip is a little more than 12 miles round trip from the Swan Falls Dam parking lot to Wees Bar. This remote area is filled with hundreds of petroglyphs carved by native peoples on dark-colored boulders thousands of years ago. Make it an overnight trip, and take advantage of Idaho Power's free camping sites along the river.



MOUNTAIN BIKING

You don't need to travel far to find a great mountain-biking adventure. In fact, regardless of where you find yourself traveling on any given weekend, consider bringing your mountain bike. The entire state is basically a gigantic mountain-biking playground.

In the Boise area you'll find trails that match all skill levels, distances, and challenges. One point of commonality presented on nearly every trail is compacted dirt, creating rides that are smooth and fast. While most of the short trails are located in the open country of the foothills, the longer rides present a good mix of trees in the upper country, opening up to fast stretches with vast views of the valley.

For a fun and fast loop, head up to Bogus Basin for the Around the Mountain loop. This single-track trail presents some amazing views and is best ridden in mid-summer into early fall. (During other

times of the year, ice and snow can limit trail use.)

For a convenient ride from downtown Boise, consider Sidewinder to Freestone. This fun, single-track trail takes no longer than three hours and winds through the middle foothills with vast stretches of amazing views and comfortably fast downhill sections.

If you have an entire morning to ride (5 - 6 hours), look no further than "The Big Potato." (For one, this trail name is just fun to say.) This 41-mile trail is unique due to the impressive increase in elevation. Let that sink in for a moment—6,500 feet of climbing. After the dramatic ascent, you'll find yourself on the Around the Mountain trail, enjoying views matched only by the pleasure of an awesome descent.



HIKING

Boise was made for hiking. If you weren't a hiker before you moved here, the picturesque backdrop of the Boise Foothills and 190 miles of interconnecting trails known as Ridge to Rivers just might convince you. With so many family-friendly hikes that are easily accessible from anywhere in the valley, introducing your family to hiking is fun and easy to do. Table Rock, located right outside downtown Boise, is the most popular trail. This location makes it quick and easy to reach the trailhead. The trail is short—about a mile and a half up—but steep, making for a good workout. Upon reaching the top, the view overlooking downtown and the valley is remarkable.

From short, flat trails to rigorous climbs, you will find everything and more to make for an adventurous day outdoors.



HUNTING

Hunting in Idaho runs the spectrum from plentiful, upland game to highly coveted trophy species. Seasons in Idaho are generally structured to offer a wide variety of hunting experiences with a strong emphasis on opportunity. Be sure to check with the Idaho Department of Fish and Game for season dates, licensing, and other important information about hunting and fishing rules.



FISHING

People in the Treasure Valley love their fishing! You'll find stocked fishing ponds within city limits, and with the Boise River nearby, you have few excuses for not getting your hook wet. If you're seeking a respite from the bustle of the city, you won't have to travel far to find yourself in one of several nearby lakes or remote rivers. Fishing around here is so easy you'll have a lifetime of fishing tales to share with your out-of-state friends in no time at all.



family
fun



FAMILIES THE TREASURE VALLEY



Ann Morrison, Esther Simplot, Julia Davis, Kathryn Albertson—what do these prominent local women have in common? Each one has a park named in her honor. While these are only four of 11 riverside parks known as the Ribbon of Jewels, named after outstanding provincial women, they are some of the most well-known and visited parks in the city.

ANN MORRISON PARK

At 153 acres, Ann Morrison is one of Boise's largest parks, located in the heart of the city and home to many events throughout year, including the Spirit of Boise Balloon Classic. It also serves as the take-out spot for river floaters as they exit the Boise River from the scenic, six-mile journey downriver from Barber Park. It's well recognized by its distinctive spray fountain, and with so many amenities, it is one of the busiest parks in the summer.

ESTHER SIMPLOT PARK

One of the only parks with a sandy beach and swim area, Esther Simplot Park is an amazing destination during the summer months. The 55-acre site encompasses about 23 acres of ponds suitable for fishing, paddle boarding, wading, and swimming. A short walk across a field to the Boise Greenbelt, visitors can watch kayakers and surfers splash through the rapids of the man-made white-water park.

JULIA DAVIS PARK

Boise's oldest park and the first park named after a famous Boise woman, Julia Davis is home to Zoo Boise, the Boise Art Museum, the Idaho State Museum, the Idaho Black History Museum, and the Discovery Center of Idaho. It also includes a colorful rose garden, playground, paddle boat rentals, and acres of lush greenery along the Greenbelt.

KATHRYN ALBERTSON PARK

Donated by Joe and Kathryn Albertson of the Albertsons grocery store chain, Kathryn Albertson Park is filled with wildlife habitat and walking paths where visitors can enjoy the scenery. Directly across the street from Ann Morrison Park, this natural sanctuary is a peaceful haven from the hustle and bustle of the city. It's not uncommon to see wildlife such as rabbits, blue heron, and deer roaming this beautiful park.



BOISE WHITEWATER PARK

The official name is J.A. and Kathryn Albertson Family Foundation Boise Whitewater Park. With the opening of Phase One in 2012, it was one of the first adjustable river waves in the world. Eight years later, Phase Two is now complete. Kayakers, surfers, and boogie boarders take to the rapids throughout the year to catch a wave. Located along the Greenbelt next to Esther Simplot Park, the whitewater park contains ample parking, dressing rooms to change gear, and plenty of spectator viewing areas to watch all the action as riders crash through the waves.



BOISE RIVER FLOAT

Summer is officially underway in Boise when the opening day of river floating begins. From late June through Labor Day, river adventurers on inner tubes, rafts, paddleboards, even giant inflatable swans and pink flamingos, float downstream. The float includes three splashy “drops”, and because it is a natural river with tree limbs and debris that can pose hazards, visitors should always wear life jackets and use caution. Equipment rental, air-filling stations, and shuttle service are available in Barber Park during the float season, making it easy to partake in the fun and adventure.

BOISE RIVER GREENBELT

The Boise River Greenbelt is one of Boise’s most cherished features.

This 25-mile pathway beginning at Lucky Peak Dam and ending in Eagle, connects several outlying communities and parks along the Boise River to the heart of the city.

Commuter bikes, recreational riders, walkers, and joggers all use the path for enjoyment, exercise, and travel. Although the Greenbelt runs right through the middle of the city, tucked along the way are areas that offer amazing views and wildlife such as great horned owls, river otter, even deer, that make it seem as though you’re in the middle of nature, far removed from the busy city life.



HULLS GULCH RESERVE

The Hulls Gulch Reserve is the heart of recreation in the Boise Foothills. Home to two major trailheads, The Grove and Lower Hulls Gulch, it is the starting point for nearly 190 miles of the Ridge to Rivers trail system throughout the foothills. Thanks to a community-wide effort

in the early 1990s, Hulls Gulch Reserve was spared from future development. Today, you’ll see runners, hikers, mountain bikers, dog walkers, and horseback riders enjoying this great recreational area.



MK NATURE CENTER

The Morrison-Knudsen Nature Center is home to nearly five acres of wildlife habitat along the Boise River. This free, hidden gem sits right along the Greenbelt in downtown Boise. Explore nature trails, observe sturgeon, salmon, and trout in the sturgeon pond, and experience a close-up look at native aquatic fish and ecosystems through the underwater viewing windows along the trail. While the visitors center does have regular visiting hours, the outdoor nature trails are available to explore most any time of the day.



SANDY POINT BEACH AT LUCKY PEAK STATE PARK

Just eight miles south of Boise is beautiful Lucky Peak State Park. Sandy Point Beach at Lucky Peak is the ideal destination to take the family for a day at the beach. Located at the base of Lucky Peak Dam, Sandy Point is popular for its sandy beach and clear, shallow water. It is an outstanding spot for lounging in the sun and playing in the cool water with its mushroom fountain and other water features. They offer paddleboard rentals, showers, changing rooms, and beautiful, shaded picnic areas.



SPIRIT OF BOISE BALLOON CLASSIC

This is a not-to-be-missed event. More than 40 colorful balloons descend upon Ann Morrison Park for this 5-day extravaganza. From free tethered rides for kids to spectacular night glows and morning launches in between, the Spirit of Boise Balloon Classic holds true to its goal of providing exciting family entertainment at no charge to the community. As a matter of fact, you may just want to mark your calendar now for September 2-6, 2020.



BOGUS BASIN MOUNTAIN RECREATIONAL AREA

One of Boise's most treasured and best-supported community assets is Bogus Basin Mountain. This recreation area offers skiing and tubing in wintertime, and hiking, mountain biking, a mountain coaster, and scenic lift rides in the summer. From the city limits of Boise to the resort is a 16-mile drive up the scenic and winding Bogus Basin Road. Watch the landscape transform from the dry sagebrush foothills to the snow-laden mountain forest in about 40 minutes. Known mostly for its excellent downhill skiing on 2,600 acres of skiable terrain, Bogus Basin is a recreation lover's paradise all year-long.



AQUARIUM OF BOISE

This fun, hands-on aquarium is a favorite among children in the Treasure Valley. It is a small aquarium (only 10,000 square feet), but this allows for many interactive touch tanks. The 250 species of animals, including a blacktip reef shark, bat rays, stingrays and many more, give children a look at life underwater. The Ray Pool allows kids to get up close and personal as they can touch and feed these friendly sea creatures. The Aquarium of Boise also has reptiles, tortoises, and a bird aviary where visitors can feed the birds right from their hands.



ZOO BOISE

Located downtown, inside Julia Davis Park, is the wonderful Zoo Boise. This mid-sized zoo is designed for children of all ages, is modern and clean, and has a good sampling of animals from all over the world. It's easy to spend half the day meandering from exhibit to exhibit. From the welcoming monkey to the friendly giraffes that visitors can feed, this fun family zoo is a Boise staple. Zoo Boise promotes support for wildlife conservation and education and offers many programs for children and adults throughout the year.



IDHAO BOTANICAL GARDEN

The Idaho Botanical Garden is as unique as it is beautiful. Situated on 15 acres at the base of the Boise Foothills, it is located next to the Old Penitentiary Historic District, providing a backdrop to the abundant splashes of color throughout the garden. It has become a popular, year-round, outdoor destination hosting a number of private and public special events—including Bug Day, Fall Harvest Festival, and of course, their Winter Garden aGlow, all local favorites.

Photo Credit: Michelle K Wood

OLD IDAHO PENITENTIARY

The Idaho State Penitentiary operated for 101 years, from 1872 to 1973. During that time, more than 500 attempted escapes, 129 deaths, and 10 executions took place. The Idaho State Historical Society has preserved the Old Idaho Penitentiary and today offers guided tours of the grounds. Self-guided tours are also available. From women's row to death row and many cell blocks in between, touring the Old Idaho Penitentiary provides a fascinating, local history lesson.



BIRDS OF PREY

Just south of the Boise Airport, on a hilltop overlooking Boise, is the World Center for Birds of Prey. This highly talked about and often visited center is the headquarters for the Peregrine Fund, known worldwide for conservation and recovery efforts of rare and endangered raptors. This one-of-a-kind indoor and outdoor education center allows visitors to encounter eagles, owls, vultures, hawks, and falcons from around the world. Watch demonstrations and view exhibits of incredibly rare birds of prey.



ROARING SPRINGS WATER PARK

Roaring Springs Water Park is a great way to spend a hot summer day in Boise. Roaring Springs is the Northwest's largest water park and features attractions for every member of the family, including a wave pool, float river, two-family raft ride, bowl slide, racing slide, tube slides, kiddie play area, and a six-story speed slide. New this summer is the award-winning Snake River Run waterslide. Roaring Springs also has several on-site restaurants and a gift shop.





Education




You'll be pleased with all the educational options available to your children. The Treasure Valley has a wide variety of public, private, and homeschooling options available allowing you to choose what is best for you and your children.

Once you arrive, you'll want to contact the school district nearest your home regarding enrollment requirements and start date.

TREASURE VALLEY PUBLIC SCHOOLS

BOISE SCHOOL DISTRICT






-  8169 W Victory Rd. Boise, ID 83709
-  (208) 854 - 4000
-  www.boiseschools.org

- BY THE NUMBERS** 34 Elementary Schools
- 8 Junior High Schools
- 5 High Schools

WEST ADA SCHOOL DISTRICT






-  1303 East Central Dr., Meridian, ID 83642
-  (208) 855 - 4500
-  www.westada.org

- BY THE NUMBERS** 32 Elementary Schools
- 10 Junior High Schools
- 9 High Schools

NAMPA SCHOOL DISTRICT





-  619 South Canyon, Nampa, ID 83686
-  (208) 465 - 2700
-  www.nsd131.org

- BY THE NUMBERS** 14 Elementary Schools
- 3 Junior High Schools
- 3 High Schools

CALDWELL SCHOOL DISTRICT






-  1101 E Caldwell Blvd., Caldwell, ID 83605
-  (208) 455 - 3300
-  www.caldwellschools.org

- BY THE NUMBERS** 6 Elementary Schools
- 2 Junior High Schools
- 2 High Schools

VALLIVUE SCHOOL DISTRICT





-  5207 S. Montana, Caldwell, ID 83607
-  (208) 454 - 0445
-  www.vallivue.org

- BY THE NUMBERS** 7 Elementary Schools
- 3 Junior High Schools
- 3 High Schools

MIDDLETON SCHOOL DISTRICT






-  5 South Viking Ave., Middleton, ID 83644
-  (208) 585 - 3027
-  www.msd134.org

- BY THE NUMBERS** 3 Elementary Schools
- 1 Junior High Schools
- 1 High School

KUNA SCHOOL DISTRICT



-  1450 Boise Street, Kuna, ID 83634
-  (208) 922 - 1000
-  www.kunaschools.org

- BY THE NUMBERS** 5 Elementary Schools
- 1 Junior High Schools
- 1 High School







Private Schools

The major advantage of private schooling is choice. Rather than sending your child to a public school that is required based on geography, now you have opened up a selection of several schools that may have very different educational styles and emphases, simply because you are deciding on private education. Every private school has a unique personality, and with a little research, certain schools will emerge from the pool as having more features that will benefit your child.

TREASURE VALLEY PRIVATE SCHOOLS



-  BISHOP KELLY HIGH SCHOOL
-  7009 Franklin Road, Boise, ID 83709
-  (208) 375-6010  Grades: 9 - 12
-  www.bk.org

Bishop Kelly High School's mission as a Catholic, Christian educational community is to develop the total student—spirit, mind and body. Through a diverse and comprehensive education in the Catholic tradition, students prepare themselves to serve God and others in the world community.



-  BOISE VALLEY ADVENTIST SCHOOL
-  925 N. Cloverdale Rd., Boise, ID 83713
-  (208) 376-7141  Grades: PreK - 8
-  www.bvas.org






Boise Valley Adventist School stands out in so many ways, including its highly educated teachers, beautiful facility, convenient location, and competitive tuition rates. But, topping the list of reasons that parents remain loyal to BVAS are its vibrant spiritual nurture and academic excellence.



-  CALDWELL ADVENTIST ELEMENTARY
-  2317 Wisconsin Ave., Caldwell, ID 83605
-  (208) 459-4313  Grades: Infant - 8
-  caldwelladventistelementary.netadvent.org


Caldwell Adventist Elementary School is a Christian private school that provides a higher standard of learning, faith, and citizenship. They offer music education, choir, and band for all students as they believe music is an important part of every student's development.



-  COLE VALLEY CHRISTIAN SCHOOLS
-  8775 Ustick Road, Boise, ID 83704
-  (208) 947-1212  Grades: PreK - 12
-  www.colevalleychristian.org

Cole Valley Christian is in partnership with parents to provide an education that aligns with the Christ-centered values that you instill at home, and that are taught at church.



-  EAGLE ADVENTIST CHRISTIAN
-  538 W State St., Eagle, ID 83616
-  (208) 938-0093  Grades: Pre - 8
-  ani830.adventistschoolconnect.org

The mission of the Eagle Adventist Christian School is to provide an environment for social, scholastic, and spiritual growth for children in preschool through eighth grade, by providing individualized instruction in multi-grade settings, to prepare them to make positive moral choices as productive Christian citizens.





-  FOOTHILLS SCHOOL OF ARTS
-  618 S. Eighth St., Boise, ID 83702
-  (208) 331-9260  Grades: PreK - 9
-  www.foothillsschool.org

As a progressive school, they believe that students need excellent preparation both for school and for life. Through a focus on dispositions and skills like curiosity, creativity, critical thinking, and confidence, they provide students with the capacities they need not just for school, but to play an active role in a democratic society.


TREASURE VALLEY PRIVATE SCHOOLS (CONTINUED)



 **NAMPA CHRISTIAN SCHOOLS**
 505 W. Orchard Ave., Nampa, ID 83651
 (208) 466-8451  Grades: Infant - 12
www.nampachristianschools.com





Nampa Christian Schools exists for the purpose of providing a Christ-centered academic experience for Christian families in the Treasure Valley. Their goal is to develop Christian character and leadership through purposeful work, earnest scholarship, vital participation, and Christ-centered living.



 **RIVERSTONE INTERNATIONAL SCHOOL**
 5521 Warm Springs Ave., Boise, ID 83716
 (208) 424-5000  Grades: PreK - 12
www.riverstoneschool.org





Providing the best education and preparation for their students long after they leave their doors is always at the forefront of their thoughts and actions. Riverstone International School inspires courageous journeys of academic and personal exploration that enable their students to lead purposeful lives.



 **SACRED HEART CATHOLIC SCHOOL**
 3901 Cassia St., Boise, ID 83705
 (208) 344-9738  Grades: PreK - 8
www.sacredheartboise.com



Their campus can accommodate 250 students in grades pre-K through 8. They follow the State of Idaho guidelines and offer a comprehensive religious education program. Sacred Heart Catholic School has ten classroom teachers, and specialists in art, music and physical education.



 **ST. JOSEPH'S CATHOLIC SCHOOL**
 825 W. Fort St., Boise, ID 83702
 (208) 342-4909  Grades: K - 8
www.stjoes.com





For 115 years, St. Joseph's Catholic School has provided an excellent Catholic education to countless area students. Educating over 400 students annually in grades kindergarten through eighth, St. Joseph's is the cathedral school of the diocese, affiliated with The Cathedral of St. John the Evangelist.



 **SAINT MARY'S CATHOLIC SCHOOL**
 2620 W State St., Boise, ID 83702
 (208) 342-7476  Grades: K - 8
www.stmarys-boise.org

Founded in 1948, St. Mary's School is one of the oldest, most successful traditional Catholic schools in the valley. With 68 years of experience in helping students achieve their personal best, they are proud to say they challenge all their students to reach their full potential while developing values and a rich faith life.



 **THE AMBROSE SCHOOL**
 6100 N. Locust Grove Rd., Meridian, ID 83646
 (208) 323-3888  Grades: K - 12
theambroseschool.org

The Ambrose School is dedicated to the idea that true education requires more than imparting knowledge, or training skills, or even teaching students to think (though all of these are involved). They are cultivating in students what the ancient Greeks and Christians called paideia.



TREASURE VALLEY HOMESCHOOL RESOURCES

HOMESCHOOLING IN IDAHO

Homeschooling is becoming more widely popular and accepted throughout the country, and no state offers more homeschool freedoms than Idaho. It's easy to start homeschooling here. The state does not require any registration or sign-up procedure, nor does Idaho regulate or monitor homeschool education. This allows the parent to choose the curricula they wish to use.

REQUIREMENTS

Idaho requires that children receive instruction from ages seven to 16 and that homeschooled students learn subjects commonly taught in Idaho public schools. These subjects include (but are not limited to) mathematics, language arts, science, and social studies.

Parents are not required to have any specific qualifications to teach; nor is it necessary to maintain school records or obtain approval from your school district. There are no minimum requirements for days or hours of instruction, no questionnaires to complete about your teaching, and no standardized test requirements.

KEEP IN MIND

Although it is not required for children to take standardized tests in Idaho, it can be reassuring to confirm your child's educational progress. Online resources are available that provide standardized testing from the comfort of your own home. (See homeschoolidaho.org/testing for more details.)

Regardless of the fact the state of Idaho does not require specific recordkeeping, it is a good idea to keep records for a minimum of two years. This could include a record of the curriculum used, schoolwork and test results, certificates and achievements, even attendance records.

RESOURCES

The best resources available to you as a homeschool parent are other homeschool families. The Treasure Valley is home to a variety of groups, organizations, churches, co-ops, and play groups to help make those connections.



LOCAL FACEBOOK GROUPS

- Boise Homeschool Family Playgroup
- Boise Nature Play
- Caldwell, ID Area Homeschoolers
- Central Boise Homeschool Families
- Eagle Homeschool Families
- Meridian Homeschoolers
- Nampa, ID Area Homeschoolers
- Treasure Valley Christian Homeschoolers
- Treasure Valley Homeschool Field Trips
- Treasure Valley Homeschool Moms (and Dads)
- Treasure Valley Homeschool Swap Meet
- Treasure Valley Idaho Homeschool Board Game Bunch
- Treasure Valley Nature Study
- Treasure Valley STEM Homeschoolers
- Wild+Free Treasure Valley



ADVOCACY AND SUPPORT

For nearly three decades, the Idaho Coalition of Home Educators as well as the Christian Homeschoolers of Idaho have been fighting for and protecting the rights of parents to homeschool their children. In 2018, these two organizations merged into one—Homeschool Idaho. HomeschoolIdaho.org provides a plethora of information on everything you need to know about homeschooling, from how to get started to high school graduation in Idaho.

The **Homeschool Idaho Convention** is a two-day event held annually at Northwest Nazarene University in Nampa, Idaho. Hundreds of homeschool families attend the convention for its workshops, the opportunity to purchase and peruse curriculum from countless vendors and curriculum representatives, and to listen to inspiring speakers for expert homeschool guidance.

HSLDA (Homeschool Legal Defense Association) is a national organization that provides detailed homeschool laws for each state, and their website (HSLDA.org) provides up-to-date information and expert advice for homeschoolers nationwide. The HSLDA began in 1983 to provide affordable, legal advocacy for homeschool families. Today, the HSLDA represents thousands of families across the country, guaranteeing the freedom to homeschool without having to face legal threats

alone. (Select the state of Idaho on their website to read more about Idaho homeschooling laws.)

SELAIdaho.com is a place to connect for Supporting & Encouraging Local Area Homeschoolers in the Treasure Valley.

EVERYTHING ELSE

Because of the abundance of choices regarding curriculum, extracurricular activities, co-ops, homeschool hybrids, and charter schools—it can be overwhelming. While many resources are available online, your best resource is advice from veteran homeschool families. Join a group, attend a play date, go on a field trip—get to know other homeschool families and find out what works best for them. Then do your own research to find what is right for your family. Remember that no two families are the same, and no one knows your child like you do. That is the beauty of educating your children at home—you get to choose how, when, and what works best for you and your family.

BONUS

Because Idaho and the Treasure Valley are home to such a large homeschool community, many of the recreational facilities in the valley offer homeschool programs and discounts. Always be sure to ask if the facility you're visiting offers a homeschool discount.

HIGHER EDUCATION

FEATURED LOCAL INSTITUTIONS

Boise State University	75
The College of Idaho	77
Northwest Nazarene University	78
Boise Bible College	79
Idaho College of Osteopathic Medicine	80



BOISE STATE UNIVERSITY

DISCOVER BOISE STATE UNIVERSITY

The students, faculty and staff at Boise State University are known for their grit and ambition. While we may be most famous for our iconic Blue Turf, we have built a metropolitan research university of distinction in the Northwest, with our faculty and student researchers working to answer some of the most intriguing questions facing us today.

FUTURE LEADERS

Students stand with us in the lab, in the field, as part of the learning and discovery process. You see, Boise State's faculty and staff are guided by one simple but powerful conviction: our students are the future leaders, thinkers and innovators of the American West, and that future begins in the classrooms of our campus, situated in the heart of Boise, Idaho, across the river from downtown, at the intersection of the region's centers of government, technology, business and the arts.

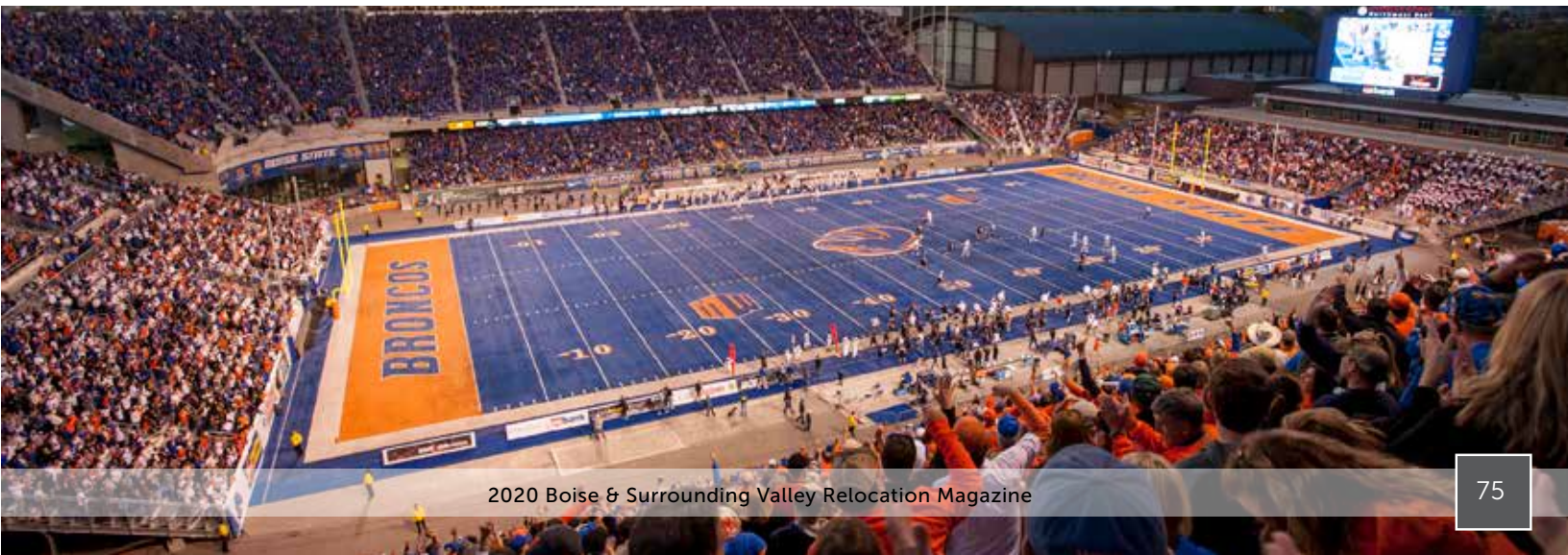
CULTURAL EXPERIENCES

On campus, we prime students to jump into

Boise's rapidly growing professional and cultural scene, not only by their proximity to our state's capitol and bustling downtown core, but by the superior education they receive at Boise State. Recently we've significantly revamped our undergraduate experience to make students more career ready.

As Idaho's largest university and its fastest-growing research enterprise, Boise State recently joined a consortium of research universities including Purdue, Rice, Georgia Tech, University of Michigan and Texas A&M in a \$5 million foundation-funded effort to create longterm, hands-on applied research projects that will ensure undergraduate and graduate students get unprecedented experience tackling real-life problems in real time.

We've redesigned core classes to maintain a steady focus on building the skills students need to succeed, including problem-solving, communication, innovation, teamwork,



ethics and diversity. The world is taking notice: In less than a decade, we've more than doubled our out-of-state student enrollment and boosted the number of bachelor's, master's and doctoral degrees awarded each year by 52 percent.

In a decade of expansion, Boise State invested \$70 million in athletics facilities that have become the envy of our peers, at the same time spending another \$200 million on academic, residential and other student-centered projects across campus.

WHAT MAKES OUR UNIVERSITY SPECIAL?

From our Distinguished Lecture Series, the world-class entertainment found at The Morrison Center and Taco Bell Arena, and a commitment to a healthy campus, we want you to consider Boise State a home away from home as much as an esteemed place of learning. We want you to question, to critique, to have fun and most importantly, to succeed.

Whether you aspire to devote your life to helping medical patients breathe with ease or plan to jump app-first into Boise's explosive tech scene, you'll find all of the elements to thrive on campus: knowledgeable faculty and staff, a diverse body of peers eager to learn and grow with you, and hundreds of student groups and extracurricular activities ready to inject you with a healthy dose of Bronco pride.

Speaking of pride, the overlap between Bronco pride and Boise pride is strong. Thousands of



Boise residents made the pilgrimage to Arizona to cheer us on to three Fiesta Bowl wins in recent years. Conversely, when music-loving residents founded Treefort, a five-day DIY music festival, Boise State jumped in to sponsor a complementary technology-themed conference called Hackfort that even caught the attention of the President of the United States.

Total Enrollment: 23,886

Full Time: 12,350 / **Part Time:** 3,703

Online: 7,380

Highest Enrollment Programs

Health Science Studies, BS

Biology, BS

Communication, BA

Nursing, BS

Psychology, BA BS

Computer Science, BS

General Business, BA BBA BS



THE COLLEGE OF IDAHO

2112 Cleveland Blvd., Caldwell, ID 83605

(208) 459-5011

www.collegeofidaho.edu

Founded in 1891, The College of Idaho is the state's first private liberal arts college. We're a close-knit community of 1,000 scholars, athletes, artists and critical thinkers who aim to push ourselves — and each other — to new heights.



PEOPLE

- Enrollment of approximately 925 students.
- Students come from 28 different states.
- More than one-third of students compete for 20 varsity sports teams.
- C of I student athletes have captured 68 individual and team national championships, including 27 since 2011.

ACADEMICS

- The C of I offers 26 majors and 58 minors in the fine arts and humanities, natural sciences and mathematics,

social sciences and history, and professional fields.

- 11:1 student-to-faculty ratio and high student-faculty interaction.
- Through our innovative PEAK curriculum, students earn a major and three minors in four years across the four academic peaks. This empowers students to pursue their passions while developing the breadth and depth of knowledge necessary for lifelong success.
- Numerous off-campus and study abroad programs are available, including regular

trips to London, Paris, China, Australia and Idaho's Sawtooth Mountains.

DISTINCTIONS

- C of I graduates include seven Rhodes Scholars, 14 Marshall, Truman and Goldwater Scholars, three governors, a Pulitzer Prize-winning historian, an Academy Award-winning composer, four NFL players, the co-discoverer of B12, and the co-founder of Patagonia Outerwear.
- The College is home to four Carnegie Foundation Idaho Professors of the Year.



**NORTHWEST
NAZARENE
UNIVERSITY**

NORTHWEST NAZARENE UNIVERSITY

623 S University Blvd, Nampa, Idaho 83686
(208) 467-8011
www.nnu.edu

ABOUT NORTHWEST NAZARENE UNIVERSITY

Northwest Nazarene University, a nonprofit comprehensive Christian university of the liberal arts, offers over 60 areas of study, master’s degree programs in seven disciplines, accelerated degree programs, concurrent credit for high school students and a variety of continuing education credits. In addition to its 90 acre campus located in Nampa, Idaho, the University also offers programs in Idaho Falls and in cooperation with programs in 35 countries.

Founded in 1913, the University now serves over 2,000 undergraduate and graduate students, more than 6,000 continuing education students and 2,300 high school students through the concurrent credit program. Our mission is to encourage a habit of mind that enables each student to become God’s creative and redemptive agent in today’s world. We believe that the education obtained from NNU prepares graduates to be global Christians through academic excellence, social responsiveness and creative engagement. NNU is accredited by the Northwest Commission on Colleges and Universities and has been rated

by U.S. News and World Report as one of the top masters-level universities in the West.

Student Body

Over 10,000 students. A majority of our students come from all over the Northwest and parts of California. However, we do have international students from Papua New Guinea, Cameroon, Kenya, Ethiopia, South Africa, and many other countries.

Student to Faculty Ratio

15:1

Academic and Support Units

- College of Arts and Sciences
- College of Adult and Graduate Studies
- Academic Services
- School of Business
- School of Theology and Christian Ministries

Degrees

- AA, BA, BS, BSN, MA, MBA, MDiv, MEd, MS, MSN, MSW, EdS, EdD, PhD



BOISE BIBLE COLLEGE

8695 W. Marigold St., Boise, ID 83714

(208) 376-7731

www.boisebible.edu

ABOUT BOISE BIBLE COLLEGE

Boise Bible College develops well-equipped leaders for the Lord's church who maintain a servant's heart, live with integrity, and hold a Biblical worldview as they serve the church.

We excel in preparing Christian leaders for all levels of church ministry and are an extension ministry of the local church as we equip individuals for a lifetime of Christian service. Our goal is for our students to remain free from debt so they can be free to serve. Your partnership, prayers and gifts help us accomplish this mission. Please consider making BBC a part of your monthly budget. Our Development staff is ready to assist and support you in any way possible. Please contact us if we can be of any assistance.

BBC is located on a 16-acre campus at the Northwest edge of Boise, just south of the Boise River and only minutes from numerous opportunities for recreation, amusement, shopping and employment. The BBC campus is not only in a great location, it is continually being developed to accommodate a growing student body. How big will we get? That is in God's hands, but we believe we will be blessed with over 500 students in the not too distant future.

Boise Bible College began in 1945, with just a few students as a ministry of the First Church of Christ in Boise as a training school for ministers in the Pacific Northwest. After 65 years of service,



BBC's primary mission remains the same -- to prepare Christians for a life of full-time ministry and leadership for the church in America and throughout the world.

The traditional goal of a college education was to provide a basic understanding of our complex world and the tools with which to respond creatively to life's challenges. Students at BBC learn to read, write, think, speak, and do research through studies in literature, language, history, the sciences, philosophy, and theology. Our students are given the experiences to help mature them into leaders capable of serving on any team with integrity, loyalty and discipline. They make a strong asset to any community or organization.

We offer Bachelor of Arts, Bachelor of Science, and Associate of Science degrees. Students may also pursue one-year Bible certificates or take advantage of one of the cooperative transfer agreements BBC has with other colleges and universities. The College is accredited by the Association for Biblical Higher Education (ABHE) a CHEA recognized accrediting organization.



IDAHO COLLEGE OF OSTEOPATHIC MEDICINE

The mission of the Idaho College of Osteopathic Medicine is to train osteopathic physicians prepared for caring for persons in Idaho, Montana, North Dakota, South Dakota, Wyoming and beyond.

Idaho College of Osteopathic Medicine (ICOM) awards the Doctor of Osteopathic Medicine degree (DO). This is a 4-year degree with years 1 and 2 comprising on-campus didactic lectures, small group assignments laboratory and clinical experiences. Years 3 and 4 are completed at selected clinical sites.

About Osteopathic Medical Schools and Physicians:

Doctors of Osteopathic Medicine, or DOs, are fully licensed physicians who practice in all areas of medicine, from family medicine to emergency medicine to surgery. They are the fastest-growing segment of physicians and provide a full range of services, from prescribing drugs to performing surgery, using the latest medical tools. In addition, DOs also offer something special -- a whole-person approach to treatment and care.

This whole-person approach to patients begins in osteopathic medical school where, in addition to

all the courses studied by their MD counterparts, DOs also receive between 200 and 300 additional hours of specialized training in osteopathic principles and practices, including hands-on osteopathic manipulation. Here, osteopathic medical students learn to use their hands to diagnose illness and treat the body's system of nerves, muscles, and bones, utilizing the interconnection between the body, mind, and spirit to impact health.

After medical school, DOs continue their training in residency programs alongside their MD colleagues and begin to focus on a particular specialty. Many DOs specialize in primary care, where their patient-centered focus on disease prevention, lifestyle modifications, and osteopathic manipulation skills can be fully utilized. By combining this knowledge with the latest advances in medical technology, DOs offer patients some of the most comprehensive care available in medicine today.

ICOM students spend their third and fourth years doing clinical clerkship rotations at core affiliated hospital and outpatient sites. These clinical rotations utilize both traditional and innovative educational options, including regularly-scheduled learning sessions, interactive computer based learning, simulation, with assessment of clinical knowledge and skills. All clinical rotations are with contracted, accredited physicians at clinical sites that offer significant diversity and numbers of patients to allow for excellent educational environments. Clinical rotations occur in a variety of settings, including hospitals (inpatient experiences), ambulatory practices, and long-term care facilities. Core hospital assignments will take place in the fall of the second year with significant



efforts to place students at their core sites of choice. Each core site will have a Regional Dean and Coordinator to facilitate a strong educational experience. ICOM will continue to engage hospitals, clinics and physicians to offer new diverse training opportunities. Hands-on learning in osteopathic manipulative medicine will continue in student's third and fourth years.

The goals of clinical clerkship rotations are based on the American Osteopathic Association's (AOA) seven core competencies, as well as the thirteen Entrustable Professional Activities (EPA's) per the American Association of Colleges of Osteopathic Medicine (AACOM). The ICOM Office of Clinical Affairs will assist and educate students in scheduling their clinical rotations. All physicians preceptors will be board-certified/board eligible and be credentialed and contracted with ICOM.

Idaho College of Osteopathic Medicine

1401 E Central Dr

Meridian, Idaho 83642

email: admissions@idahocom.org

Tel: (208) 696-ICOM (208-696-4266)

Web: www.idahocom.org

A graphic of a stethoscope with orange earpieces and a blue body, positioned behind the text.

Health care





SAINT ALPHONSUS REGIONAL MEDICAL CENTER

Saint Alphonus Health System has the region's only Level II Trauma Center, which recognizes our dedication to providing the highest quality, most optimal care for all critically ill and injured patients. This distinction ensures we maintain the highest standards for chest pain, stroke, orthopedic and general surgery and emergency care. It also creates a foundation of medical excellence, innovation and collaboration that makes the overall care all our patients receive – throughout the region - that much better. Saint Alphonus Medical Centers are located in Boise & Nampa, Idaho and Ontario & Baker City, Oregon.

CANCER

Saint Alphonus Cancer Care Center offers access

to advanced diagnostic tools like 3D imaging and mobile mammography to help detect cancer at its earliest and most treatable stage. Our integrative approach to healing enhances the quality of life for patients and their families including genetic counseling and education, nutrition counseling, CLIMB child and family support, rehabilitation services, music, art, yoga and exercise therapy. Our team of experts use the latest treatment options such as precision radiation therapies, access to the region's largest number of clinical trials and personal care navigators that guide you every step of the way.

As Idaho's only Brachytherapy Center of Excellence we are reducing radiation treatment from

six weeks to five days for partial breast cancer.

CARDIOVASCULAR

Saint Alphonus Heart Institute is focused on providing high quality heart care when and where you need it most, so you can live a full life. We offer heart specialists with the most advanced training and experience to treat even the most complex heart conditions. We also travel around the region and see patients in 13 different communities, so it's easy to access care and make your heart health a priority. Our expertise combined with state-of-the-art technology, like the region's only Stereotaxis robotic treatment for heart rhythm disorders, ensures all patients have access to comprehensive care options, so they can feel better faster.

EMERGENCY & TRAUMA

In an emergency, quick access to care is critical. That is why Saint Alphonus offers easy access to six emergency departments around the region in Boise, Eagle, two in Nampa, Ontario and Baker City. All Saint Alphonus emergency departments are staffed by board-certified emergency physicians and nurses, and backed by a team of trauma, chest pain and stroke specialists. With the region's only Level II Trauma Center and Time Sensitive Emergency certified center for Trauma, Stroke and Heart Attack, you can have peace of mind knowing any Saint Alphonus Emergency Department is right for you.

URGENT CARE SECTION

Saint Alphonus Medical Group has 12 urgent care locations across the Treasure Valley that are open daily with extended hours and limited wait times. We offer walk-in treatment for minor to moderate medical conditions that are not life-threatening, as well as a dedicated orthopedic urgent care located in Boise for sports related injuries. For added convenience, you can skip the car ride and waiting room by logging in to MyeVisit – an online urgent care video visit with a local Saint Alphonus provider, so you can get the care you need from the comfort of home.

NEUROSCIENCE

Saint Alphonus is the leading provider of advanced, innovative and interdisciplinary neurological services, and was the region's first Joint Commission Accredited Advanced Primary Stroke Center. Saint Alphonus neurologists and neurosurgeons have the advanced training and experience to provide care for patients with complex neurologic conditions. Our collaborative team approach includes



neurosurgeons, neuroradiologists, vascular surgeons, neurologists, neuropathologists, physiatrists, oncologists and neurooptometrists focused on delivering the best options and outcomes to patients.

With a stroke, time is of the essence. Our team provides remote care and consults to stroke patients, through telemedicine services, at nearly all emergency departments throughout the region. We also excel in utilizing the latest technology to attack strokes such as biplane angiography, MRI/MRA, CT/CTA, CT perfusion, 4-vessel angiography, and interventional stroke and aneurysm procedures.

ORTHOPEDICS

Whether you are recovering from an injury or need surgery we know the importance of advanced orthopedic care. Whether it's pain in your shoulder, elbows, hips, knees or ankles we have both non-surgical and surgical specialists standing by to make sure you receive the best care as quickly as possible. We've invested in leading, state-of-the-art technology like Makoplasty for knee and hip replacement surgery, STAR ankle replacement and artificial disc replacement for spine injuries so you can recover quicker and feel better faster.

PRIMARY CARE & SPECIALISTS

Saint Alphonsus Medical Group can help with any of your primary care or specialty care needs. Our team of board-certified doctors and providers include family medicine, pediatricians, internal medicine and a wide range of specialists who are conveniently located throughout southwestern Idaho and eastern Oregon. Whether you're looking for urgent, same day care, wellness

and preventive care or need a specialist to help manage a specific condition, our medical team will provide you and your family with the high-quality, personal care you deserve.

SURGERY

Saint Alphonsus is focused on delivering surgical excellence and has established the region's premiere surgical program. The foundation of surgical expertise is our Level II Trauma Center, which is continuously ready to care for any severe injuries and provide the most advanced care available within 500 miles. Supported by new Cardiovascular operating suites that are continuously ready for cardiac emergencies and spacious orthopedic and neurosurgical surgical suites outfitted with the latest imaging and technologies, we're ready for any surgery 24/7. We are also the first Health System in the region to introduce the da Vinci Surgical System, a minimally invasive robot assisted surgical platform that allows patients smaller incisions and the ability to recover quicker, with less pain and scarring. All five of our hospitals are staffed with skilled surgeons providing surgical specialties such as bariatrics, pediatrics, orthopedics, breast surgery and reconstruction, cardiothoracic and gastrointestinal surgical care.

WOMEN'S SERVICES

At Saint Alphonsus we offer specialized care for women of all ages. From personalized maternity care and comprehensive breast care to the region's only women's heart program, our medical experts guide you through every stage of life and are dedicated to being part of your life-long journey. You can count on our team to provide supportive, state-of-the-art care that helps you stay healthy and active every step of the way.



ST. LUKE'S BOISE MEDICAL CENTER

St. Luke's has cared for the people of the Treasure Valley since our founding in 1902. And as Boise has grown, we've grown, too. But one thing will never change: our commitment to your best health. We're here to help you stay as healthy and strong as possible so you can enjoy our beautiful scenery, exciting recreation, vibrant city, and wonderful quality of life for many years to come.

St. Luke's Boise is Idaho's largest health care provider and the flagship hospital of St. Luke's Health System, providing you access to highly skilled specialists, nurses, and staff within a friendly campus designed for healing. Known for clinical excellence, St. Luke's Boise is nationally recognized for quality and patient safety, and proud to be designated a Magnet hospital, the

gold standard for nursing care. Among our many services, we're home to:

- St. Luke's Children's Hospital, the only children's hospital in Idaho
- St. Luke's Heart
- St. Luke's Mountain States Tumor Institute's largest clinic
- St. Luke's Center for Minimally Invasive Surgery

ST. LUKE'S CHILDREN'S

Children have very different healthcare needs than adults. That's why St. Luke's Children's has created a network of medical experts that specialize in caring for kids—from birth all the way to adulthood.

We're home to Idaho's only children's hospital and, our wide range of specialty outpatient clinics—in areas such as pediatric cardiology, neurosurgery, oncology, gastroenterology, and many more—offer your family the greatest depth, breadth, and concentration of children's health resources in Idaho.

We also regularly bring additional visiting specialists to Idaho and host clinics throughout the state to bring you the very best in children's care, close to home.

HEART AND VASCULAR CARE

St. Luke's performs more heart and vascular procedures than any other hospital in Idaho. Our state-of-the-art facilities include echocardiography, cardiac catheterization, vascular diagnostic, and electrophysiology labs; and both St. Luke's Boise and Meridian are home to Idaho's first accredited Chest Pain Centers.

Our physicians, nurses, and staff—experts in cardiovascular disease, interventional cardiology, electrophysiology, and heart health and rehabilitation—are deeply committed to supporting your best quality of life. We'll coordinate all aspects of your heart and vascular health, from diagnosis, intervention, disease management, and rehabilitation to counseling, tobacco treatment, anti-coagulation services, access to research clinical trials, and more.

WOMEN'S SERVICES

Every woman is unique, and so are her healthcare needs. Your needs change with every age and stage of life. So whether you're a young woman just starting out in your career or a recent retiree, a first-time mom or a veteran of raising teenagers, you need to stay healthy and strong for yourself and for those you love. St. Luke's is here to help, every step of the way.

CANCER CARE AT ST. LUKE'S

MOUNTAIN STATES TUMOR INSTITUTE (MSTI)

Patients and their families have trusted St. Luke's Mountain States Tumor Institute (MSTI) for advanced, compassionate cancer care for more than 40 years. St. Luke's MSTI is the region's largest provider of cancer care and a leader in cancer research. We're also home to Idaho's only cancer treatment center for children, only federally sponsored center for hemophilia, and only blood and marrow transplant program.

Because cancer touches nearly every aspect of your life, we focus on every aspect of your care. From the multidisciplinary team of expert physicians dedicated to your individual treatment, to the skilled caregivers working to reduce or alleviate symptoms and side effects, to the counselors serving your social and spiritual needs—we'll be with you every step of the way.

INTERNAL MEDICINE

A partnership with an internal medicine provider, a type of primary care provider, helps you live your healthiest life. The experienced medical professionals at St. Luke's can help you navigate any health issues you face, whether it involves routine and preventive health checks, diagnosis and treatment of an acute medical problem, or ongoing management of a chronic illness.

As internists, we keep the whole patient in mind, rather than merely focusing on a single disease or organ system. We're prepared to handle severe chronic illnesses and situations where many illnesses occur at the same time. Our comprehensive care covers a wide range of conditions such as heart disease and hypertension, kidney disease, gastrointestinal problems, arthritis and other joint problems, allergies, lung problems, infections, nutritional problems, skin disease, diabetes, and more. When your condition requires the attention of additional



ST. LUKE'S BOISE MEDICAL CENTER (CONTINUED)

specialists, we'll coordinate your care.

OBSTETRICS AND GYNECOLOGY

Our team helps women stay healthy at all stages of life. Whether you're expecting a baby, scheduled for surgery, or navigating menopause, our experienced staff and expert providers deliver high quality, compassionate care. We offer annual gynecological wellness exams, care during pregnancy and childbirth, treatment and surgery for problems with the reproductive system, treatment for infertility, bone-density testing, and more.

PEDIATRICS

Pediatricians are trained to care for children of all ages, from infancy through adolescence. We provide wellness care, treat illness and injury, and also strive to understand and listen carefully your

child's emotional and social development and needs. We're committed to building a relationship with your child and your family and supporting your child's best health over the years.

REHABILITATION

St. Luke's Rehabilitation is proud to continue the tradition of compassionate care established by the Idaho Elks decades ago. Our goal is to help you live your best life, whether you're returning to work or play after an injury, working to maintain independence with a disability, or recovering after an illness.

Our inpatient and outpatient programs serve all ages and cover both orthopedic and neurologic rehabilitation. Whatever your situation and condition, we're dedicated to providing you with a comprehensive plan of care to support your best

possible health and quality of life.

ORTHOPEDICS

A condition or injury impacting your bones, muscles, or related tissue can dramatically impact your quality of life. The team of experts at St. Luke's Orthopedics supports adult and pediatric musculoskeletal health with a wide range of services, from management of conditions such as osteoporosis, scoliosis, and bone fractures, to surgery of all major joints and comprehensive care for recreational and professional athletes.

NEUROLOGY

Neurological conditions often require consistent, long-term care. Our experts offer you the skill and support you need, close to home. Our team specializes in the diagnosis and treatment of conditions such as epilepsy, stroke, multiple sclerosis, Parkinson's, and other neuromuscular

diseases and will work in partnership with your primary care provider.

UROLOGY

St. Luke's offers the most advanced and comprehensive urologic care available in the region for adults and children with genitourinary problems. Whatever your condition or concern, we will treat you with compassion in a private and confidential setting. Our urologists are board certified through the American Board of Urology and many are the only physicians in Idaho with fellowship training in specialty areas such as reconstructive urology, male voiding dysfunction, urologic oncology, andrology (men's sexual health), and laparoscopic and endoscopic urology.



Local Veteran Resources

★ ★ ★ **THANK YOU** ★ ★ ★
SERVING  COUNTRY
PROTECTING **OUR** FREEDOMS

BOISE VA MEDICAL CENTER

Boise VA Medical Center Emergency Room is open 24/7.

Boise VA Medical Center’s primary service area has a radius of approximately 160 miles with an estimated veteran population of 100,000. The Boise VAMC, within VISN 20, provides highly sophisticated primary, secondary, and specialty care to roughly 28,000 veterans each year. The Boise VA Medical Center delivers care in its main facility in Boise, Idaho and also operates Outpatient Clinics in Twin Falls, Caldwell, Mountain Home and Salmon, Idaho; as well as in Burns, Oregon.



They are committed to veterans health care and strive to continually improve the quality and accessibility of the care they provide. They also train future healthcare professionals, conduct research and support our nation in times of emergency. In all of these activities, their employees will respect and support your rights as a patient.

LIST OF SERVICES

Chronic Pain Management

Pain Management Services

Extended Care & Rehabilitation

The extended care and rehabilitation program provides physical medicine and rehabilitation, transitional care, as well as home and community care.

Medical Foster Home Program

MFH is a voluntary program that offers safe, long-term care in a home like setting.

Mental Health

Our mental health program provides consultation, evaluation, and treatment for a variety of issues that can impact emotional well-being.

Non-VA Care

Non-VA Care is medical care provided to eligible Veterans outside of the VA when VA facilities are not available, often known as Fee Basis.

Pharmacy

Providing our veterans the exemplary pharmaceutical care they have earned.

Primary Care

Our primary care program offers an extensive range of treatments with an emphasis on health care prevention.

Research

Our research and development program enhances our ability to provide state-of-the-art medical

techniques and treatments to veterans.

Social Work

Social work is an integral part of health care. Our social work program assists veterans with counseling and community services.

Specialty Care

Our specialty care program offers all surgical specialties as well as neurology, radiation, oncology, and audiology.

Surgery

Surgery Service



Come in
we are
OPEN

**OUTSIDE MAGAZINE, BEST TOWN
IN THE WESTERN U.S.**

“Boise, to put it mildly, has been on a roll. Government, education, and health care remain core industries, but dozens of high-tech startups have moved to town, joining behemoths like Hewlett-Packard and Micron Technology. And while its population has more than doubled in the past 30 years and jaded locals bemoan the sprawl, Boise has managed its growth impressively well: The city is home to nearly 2,000 acres of parks and a 25-mile greenbelt.”

TREASURE VALLEY

ECONOMIC SNAPSHOT

INFORMATION PROVIDED BY

Boise Valley Economic Partnership

250 S. 5th Street, Suite 300, Boise, ID 83702

(208) 472 - 5229 | www.bvep.org

Backed by mountains, blessed with sunny weather, the Boise Valley is earning national acclaim like no other mid-sized city in America. Our incredible quality of life has attracted a thriving mix of high tech, agribusiness and manufacturing businesses along with a young, educated workforce to serve them.

The quality of life in the Treasure Valley will blow you away. The average commute is 22 minutes. The schools are good. The streets are safe. And outdoor recreation is everywhere: at certain times of year you can literally ski, play golf and go fishing all in the same day.

It's bigger than you think. With 715,000+ residents and a 3.4% annual in-migration rate, the Boise Valley has a large and growing population, but thankfully still retains a friendly, small-town feel.

We're an educated bunch. Over 40% of our

workforce has earned college degrees. This area is also home to more than 14 institutions of higher education with a cumulative enrollment of 50,000. Together we receive more patents per capita than any city in America.

Our workforce is young, talented and growing. With stalwarts like HP, Micron, Simplot, Albertsons, the Boise Valley has an infrastructure of talent and expertise from a legacy of large corporate headquarters. Collectively our workforce is three years younger than the national average.



You can actually afford to live here. Our total cost of living is 93% of the national average. Housing is even more reasonable (only 88% of national average). As much as we love Seattle, Portland and the Bay Area (all just a short nonstop flight away), it makes a lot more sense to live here.

Put simply, the Boise Valley is a great place to live and work. It has everything you need to build a business, a career or a family—without the big commute, the huge house payment and punishing taxes. But don't just take our word for it.

GROWING POPULATION

- Comprised of the following communities: Boise, Meridian, Nampa, Kuna, Eagle, Star, Emmett, Garden City, Caldwell and Mountain Home
- Total population within a 45-minute draw area: 710,000
- Idaho is among the top five fastest growing states in the nation (National Census Bureau)
- Low Costs for Business and Living

- The overall cost of doing business is nearly a third lower than California and Washington
- The cost of living is 92.5 % of the national average
- The average cost of a home is 88% of the national average
- No tax on services

TRAINED AND PRODUCTIVE WORKFORCE

- Workforce: 354,400
- Average age: 36.2 years
- More patents are generated per capita in the Boise Metro than any other region in the country.
- Of the Boise Metro's 354,400-person workforce, over 234,000 have at least some college education, nearly half of those have a college degree.

HIGH QUALITY OF LIFE

- The Boise-Nampa area is ranked as one of the most secure large metropolitan areas



in the U.S. out of 114 regions nationally with populations of over 500,000 (Farmers Insurance Group)

- Average commute time is only 22 minutes
- Four seasons of world-class outdoor recreation at your doorstep: skiing, hiking, cycling, fishing, rock climbing, rafting and more
- A full complement of cultural amenities including the nationally recognized Idaho Shakespeare Festival, TreeFort, LED, Boise Philharmonic, Opera Idaho and others
- Excellent K-12 schools and post-secondary educational opportunities

- More than two dozen language courses available through local universities and community education programs

ACCESSIBLE TRANSPORTATION

- Bisected by Interstate 84 and Interstate 184
- Boise Airport serves more than 3,000,000 people a year and is less than five miles from downtown Boise
- ValleyRide provides public bus transportation throughout the Boise Valley
- Idaho Northern & Pacific Railroad (INPR) provides freight service over four branch lines in southwestern Idaho and northeastern Oregon

DIVERSITY

- Over 90 different languages are spoken in the Boise School District
- Home to the second-largest Basque population in North America
- Home to one of the oldest synagogues in the western United States

FOR MORE INFORMATION

Boise Valley Economic Partnership
250 S. 5th Street, Suite 300
Boise, ID 83702
(208) 472 - 5229
www.bvep.org

10 REASONS TO CALL IDAHO HOME



IDAHO IS SAFE

Idaho has the 8th lowest property crime rate in the nation and the 6th lowest violent crime rate in the nation; overall the state is ranked 5th lowest crime in the nation.

MORE FAMILY TIME

Less time commuting, less crime, and more open spaces is the perfect combination to deliver high-quality time with the family doing a wide range of activities.



NATURE IS EVERYWHERE

An amazing campsite is always no more than 30 minutes away, fishing 15 minutes away, off-road trails 20 minutes away, open spaces 10 minutes... You get the picture.

CITY STUFF

Shopping, Theatre, Live Music, Sporting Events, Dining, Microbrew Beer, Wine Tasting... Boise and the Valley has everything you could possibly want and/or need from city living without long lines, bad traffic, or rude people.



FOUR BEAUTIFUL SEASONS

We have four distinct and beautiful seasons.

We have lake recreation season, camping season, mountain biking season, and ski season. Depending on your interests the names might be a little different.



LAND OF OPPORTUNITY

Idaho loves business. You'll find a land of opportunity here, from incentives to cooperative resources made available by other local leading companies.



TOP-NOTCH HIGHER EDUCATION

Idaho boasts a number of top ranking colleges and universities that compete at the highest levels in their dedicated fields of study. In Idaho, you get the best of looks and brains.

IDAHO LOVES LIBERTY

Liberty may mean something different to each individual. We're confident if Thomas Jefferson were alive today he would choose to live in Idaho.



CAREER OPPORTUNITIES

Idaho is super business friendly both from a regulative and talent standpoint. Unemployment remains low, boosting opportunities for both new residents and recent grads.

IDAHO REMAINS AFFORDABLE

Everything is going right for Idaho. Cities are well managed, fresh opportunities abound, and real estate prices remain very attractive.





AMHERST MADISON represents the highest standards of service in the real estate industry.

Our success comes from a culture of personal integrity, a strict code of business practices, our proven track record in all price ranges, and an unwavering commitment to our clients and community. Our unique business model and systems are based on a core belief that we exist to support our Agents by providing a “world-class” branding platform, superior productivity tools, and a supportive culture centered on personal accountability. AMHERST MADISON’s documented Career Path and Proprietary Business Development encourages all Agents to become vested in their own success, and is a key element of the company’s growth and success. With a passion for the communities in which they live and work, AMHERST MADISON Agents are proud to “give back” by affiliating and supporting numerous charitable and non-profit organizations.

AMHERST MADISON ADVISORS

Our agents strive to move beyond the status of “Salesperson,” in the eyes of their customers and clients. They strive to be professionals who are counted upon to deliver a high level of service,

knowledge, and counsel. The REALTORS® at AMHERST MADISON understand the importance of holding themselves to a standard of excellence. They endeavor to build life-long relationships with clients who always feel comfortable reaching out with real estate questions or concerns. AMHERST MADISON REALTORS® don’t quit when the deal closes escrow. They educate, develop, empathize, and work to become trusted advisors for life. AMHERST MADISON professionals are committed to delivering superior service, high productivity, and an unparalleled level of personal responsibility.

THE “BIRTH” OF AMHERST MADISON

The “Birth” of AMHERST MADISON was focused on two ideals: the creation of a distinguished brand, and making a difference in the lives of others. It was apparent to the founders that there was a void in the real estate world. A void that needed to be filled with a brokerage that would solve the “problems” existing in the current models. AMHERST MADISON was created to provide meaningful solutions to the issues faced by real estate agents.



As exciting as this new way of doing business was to the founders, and as much as they saw its potential for success, they understood that business cannot exist for the sake of business alone. It is important to make a difference in the world and serve others. For the founders, the opportunity to make a difference has been magnified by events surrounding their lives and the deadly disease, cancer. They, like so many of us, have lost several family members to this deadly illness. They share a passion for helping those in need and doing their part to help limit the effects of cancer, specifically in children. In college, one of the founders had a life-changing experience while volunteering for a children's cancer organization. He was introduced to two children, a boy and girl, battling Leukemia. The founder became a part of their lives & was blessed enough to watch them beat cancer (after years of struggle). It is truly a life changing experience to watch an innocent person grapple with something they do not understand.

It was during one of the many long, conversations about building a company that would "make a difference" that the founders casually discussed

this story of bravery. The tale resonated and it was decided that AMHERST MADISON would, thereafter, donate a portion of its annual proceeds to various charity groups that support the less fortunate. Additionally, the founders vowed to create a brokerage culture which tirelessly sought opportunities to volunteer for meaningful causes and those who are less fortunate in our communities.

So, how did they arrive at the name AMHERST MADISON? That was an easy decision. The boy who survived cancer was named Amherst; while the little girl's name was Madison.

CONTACT US

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FOR THE NEWEST PROPERTY LISTINGS VISIT:
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